

# HOW TO GET PLAN B



## WHAT IS PLAN B?

It is an emergency contraception pill that can prevent pregnancy after unprotected intercourse.

## WHO NEEDS PLAN B?

Anyone who had unprotected intercourse in the past 72 hours but up to 5 days ago and wants to prevent pregnancy from occurring.

## HOW WELL DOES IT WORK?

It is up to 95% effective when taken as soon as possible from the time of unprotected intercourse. The longer the wait to take plan B, the less effective.

## REMEMBER!

It is always best to have a reliable form of contraception to prevent pregnancy. For more info on your options, please schedule an appointment with a provider.

### MARY'S CENTER PETWORTH

3912 Georgia Avenue, NW

#### SEXUAL HEALTH CLINIC

(202) 699-2163

Monday-Friday 9am - 5pm

#### PHARMACY

(844) 370-6201

Monday-Friday 8:30am - 5:30pm

### MAIN APPOINTMENT LINE

(844) 796-2797

Did you know you can get Plan B confidentially at Mary's Center and it will not be charged to your insurance?

## HERE ARE FIVE WAYS:

- 1 Obtain it directly from our pharmacy at the Mary's Center Petworth location.
- 2 Walk in to a Mary Center clinic and request a nurse or provider visit.
- 3 Call the Petworth Sexual Health Clinic (202-699-2163) for an appointment.
- 4 Call our family support worker (202-420-7178) to assist if unable to do the above.
- 5 Send a message through your portal app requesting a confidential urgent appointment.

When requesting an appointment, please inform that it is for Plan B or if you prefer say you need a confidential urgent appointment.

