

The background of the entire page is a high-contrast, red-tinted photograph of the Atomium structure in Brussels. The structure's iconic spherical nodes and connecting beams are visible, with some nodes reflecting the sky. The image has a torn-paper effect at the top and bottom edges, revealing a blue background underneath. The text is overlaid on this image.

brussels

**URBAN
SESSIONS**

COMPETITION GUIDE 2024

BRUSSELS 27-30 JUNE

1. GENERAL INFORMATION

- 1.1 The competition**
- 1.2 Competition schedule**
- 1.3 Rider registration**
- 1.4 Competition format**
- 1.5 Judging**
- 1.6 Prize money**
- 1.7 Ranking**

2. VENUE

- 2.1 Venue address**
- 2.2 Opening hours**
- 2.3 BMX Freestyle Park course | Field of play**

3. PRACTICAL INFORMATION

- 3.1 The Country / City**
- 3.2 Weather**
- 3.3 Airports**
- 3.4 Hotel**
- 3.5 Medical Information**

4. COMMUNICATION

5. CONTACTS



1. GENERAL INFORMATION

1.1 THE COMPETITION

The BMX Freestyle Park competitions will be part of Brussels Urban Sessions, taking place June, 27th - 30th, 2024 in Brussels, Belgium. After successful editions in 2022 and 2023, the event will host another top international BMX Freestyle competition. Urban Sessions will offer top international standards in order to host the riders in the best possible conditions. Other urban sports such as parkour, breaking, skateboarding, speed climbing will also be part of this large festival welcoming up to 40.000 spectators.

BMX Freestyle competitions:

- BMX Freestyle Park – Elite – Men
- BMX Freestyle Park – Elite – Women
- BMX Freestyle Park – Amateur – Men
- BMX Freestyle Park – Amateur – Women
- BMX Freestyle Park – Youth (age 7 – 14) – Men
- BMX Freestyle Park – Youth (age 7 – 14) – Women

1.2 COMPETITION SCHEDULE

Tuesday, June 25th, 2024

- PARK PREVIEW - Venue will be open for riders to have a look at the BMX Park
- Exact timing tbc

Wednesday, June 26th, 2024

- PRACTICE – Venue will not be open to the public.

Thursday, June 27th, 2024

- PRACTICE – 1st day of Brussels Urban Sessions – Open to public

Friday, June 28th, 2024

- QUALIFICATIONS

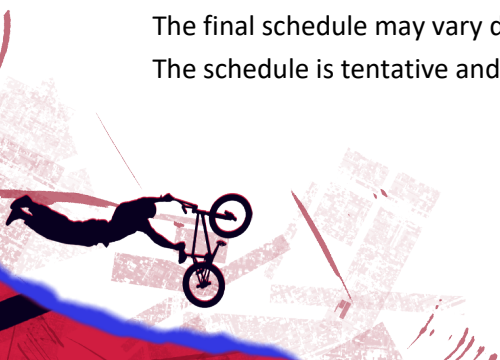
Saturday, June 29th, 2024

- SEMI-FINALS

Sunday, June 30th, 2024

- FINALS

A detailed schedule for Practice and the Competition will be available closer to the event. The final schedule may vary depending on final number of participants in each category. The schedule is tentative and could also change due to the weather.



1.3 RIDERS REGISTRATION

Online registration will be available on the event website: www.urbansessions.be

Registration Fee:

BMX Freestyle Park – Elite – Men & Women	30,00 €
BMX Freestyle Park – Amateur – Men & Women	15,00 €
BMX Freestyle Park – Youth (age 7 – 14) – Men & Women	15,00 €

For minors, parental permission is required and must be submitted prior to the event. We will provide the form via email after your registration. Without parental permission, online registration will not be taken into account.

The registration fee will have to be paid prior to the event to secure participation.

REGISTRATION TIMELINE

- Opening on April 1st, 2024
- Closing on / DEADLINE - June 19th, 2024 - 12PM CET

There is a limited number of competitors per category. Please register as soon as possible to secure a spot in the competition. Riders will receive an email confirming their participation upon registration or information if they are on the waiting list.

Riders need to confirm their attendance at the registration desk on site on June 26th & 27th. Opening hours and location to be announced.



1.4 COMPETITION FORMAT

The competition format will be the following:

QUALIFICATIONS	SEMI FINAL	FINAL
Open to riders according to the UCI registration conditions	Top 24 riders after Qualifications	Top 12 riders after Semi-finals
	In reverse order after Qualifications	In reverse order after Semi-finals
<u>FORMAT</u>	<u>FORMAT</u>	<u>FORMAT</u>
Heats of 6 athletes 2 runs each 60 seconds per run Average of both runs	Heats of 6 athletes 2 runs each 60 seconds per run Best run	Heats of 6 athletes 2 runs each 60 seconds per run Best run

- If 31 athletes or less registered, the Semi Final will not take place and the Top 12 riders from Qualification will advance to the Final.
- In case of cancellation of a competition phase, the previous competition phase with full results will stand as the final result.
- The competition will be held in accordance with the current UCI Rule Book that is in force at the time of the event.

1.5 JUDGING

The performance of each rider is judged on overall impression, including but not limited to the following criterias :

- Difficulty / risk
- Height (amplitude of the tricks performed)
- Flow / style
- Originality (tricks & lines) and versatility
- Consistency
- Progression
- Variety of tricks
- Control of the tricks / landings
- Execution
- Use of the course
- Completion of a run

The competition is judged by experienced UCI judges - Judges to be announced.



1.6 PRIZE MONEY (Elite category only)

Ranking	Prize Money – Men Elite	Prize Money – Women Elite
1	4.500 €	4.500 €
2	3.000 €	3.000 €
3	2.000 €	2.000 €
4	1.000 €	1.000 €
5	900 €	900 €
6	800 €	800 €
7	700 €	700 €
8	600 €	600 €
9	500 €	500 €
10	400 €	400 €
11	300 €	300 €
12	300 €	300 €

Prize money will be paid via Bank Transfer. The athletes are responsible for having their bank details on hand in order to have no delays on the prize money payments.

Bank details will be required upon registration in order to facilitate payment procedure.

Payments are done within 30 days after the competition.

1.7 UCI RANKING

Based on the UCI BMX Freestyle Ranking Points Table For a **C1** - Competition - Top10 riders earn points towards their overall ranking.

Event Ranking	Points for UCI Ranking
1	200 points
2	160 points
3	130 points
4	110 points
5	90 points
6	70 points
7	50 points
8	30 points
9	20 points
10	10 points



2. VENUE INFORMATION

Brussels Urban Sessions will take place in the same park as the previous editions.

But, this year, the BMX Freestyle Park will be located in the stadium across the street.



2.1 VENUE ADDRESS

Stade du crossing - Crossingstadium
Avenue du Suffrage Universel / Avenue Louis Bertrand
1030 Brussels, Belgium

2.2 OPENING HOURS

DATES	Opening Hours
Tuesday June 25 th	Timing for Park Preview to be announced
Wednesday June 26 th	9.00 AM – 06.00 PM
Thursday June 27 th	9.00 AM – 10.00 PM
Friday June 28 th	9.00 AM – 10.00 PM
Saturday June 29 th	9.00 AM – 10.00 PM
Sunday June 30 th	9.00 AM – 08.00 PM



2.3 TENTATIVE SCHEDULE



TENTATIVE SCHEDULE

WEDNESDAY 26th JUNE

11H30 - 16H30
16H30 - 18H00

Elite - Men - Practice
Elite - Women - Practice

THURSDAY 27th JUNE

11H30 - 13H00
13H00 - 18H00

Elite - Women - Practice
Elite - Men - Practice

FRIDAY 28th JUNE

10H00 - 11H00
11H00 - 12H30
12H30 - 14H00
14H00 - 16H00
16H00 - 19H00

Elite - Women - Practice
Junior - Men - Practice
Amateur - Men - Practice
Elite - Men - Qualification - Warm up
Elite - Men - Qualification

SATURDAY 29th JUNE

09H15 - 10H00
10H00 - 11H00
11H00 - 11H45
11H45 - 12H45
12H45 - 13H45
13H45 - 14H30
14H30 - 15H30
15H30 - 17H00
17H00 - 19H00
19H00 - 20H30

Junior - Men - Qualification - Warm up
Junior - Men - Qualification
Amateur - Men - Qualification - Warm up
Amateur - Men Qualification
Run and Wheels Sessions
Elite - Women - Qualification - Warm up
Elite - Women - Qualification
Elite - Men - Semi Final - Warm up
Elite - Men - Semi Final
Junior & Amateur - Women - Practice

SUNDAY 30th JUNE

09H15 - 10H00
10H00 - 11H00
11H00 - 11H30
11H30 - 12H15
12H15 - 12H45
12H45 - 13H30
13H30 - 14H15
14H15 - 15H15
15H15 - 16H00
16H00 - 17H00

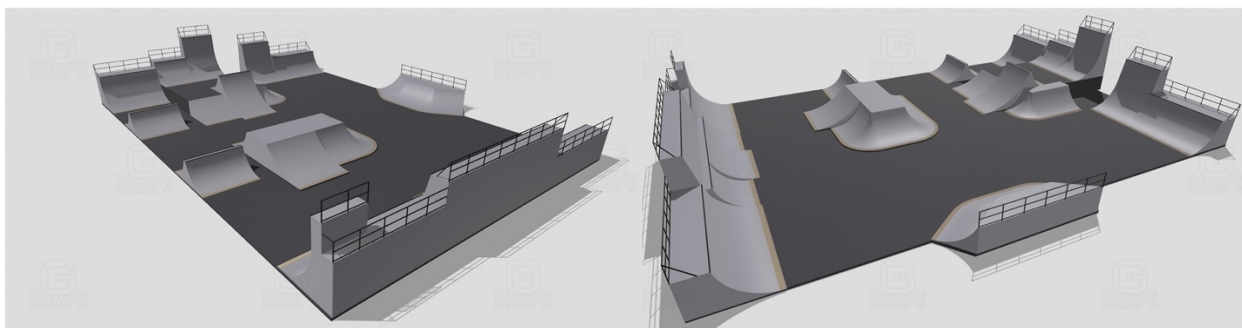
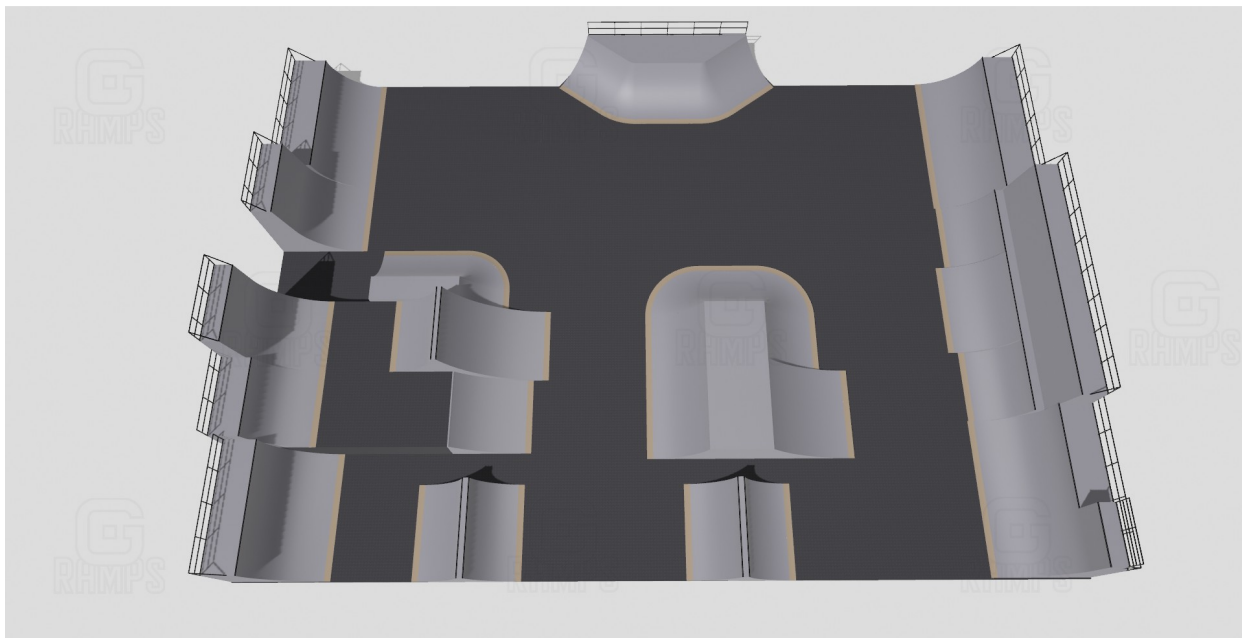
Junior & Amateur - Women - Final - Warm up
Junior & Amateur - Women - Final
Junior - Men - Final - Warm up
Junior - Men - Final
Amateur - Men - Final - Warm up
Amateur - Men - Final
Elite - Women - Final - Warm up
Elite - Women - Final
Elite - Men - Final - Warm up
Elite - Men - Final



2.4 BMX FREESTYLE PARK COURSE | FIELD OF PLAY

The field of play is currently being finalized and will be revealed soon.

BMX Freestyle Park provider is a well-established company that has proved high quality BMX Freestyle Park at previous UCI international events.



3. PRACTICAL INFORMATION

3.1 THE COUNTRY / CITY

BELGIUM

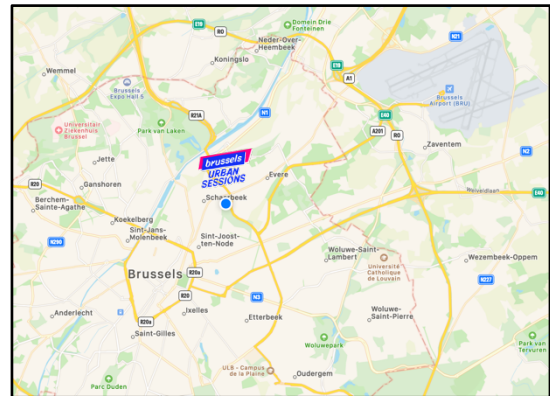
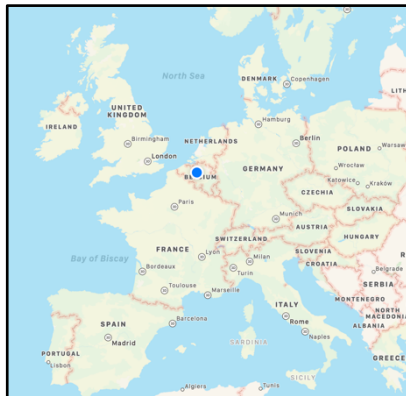
- Continent: Europe
- Time Zone: CEST (UTC+1)
- Capital: Brussels
- Population: >11 million inhabitants
- Official languages: French, Dutch, German
- Money: Euros / EUR / €

BRUSSELS

- Capital of Belgium
- Main city located in the heart of Belgium
- Capital of Europe - Home of the EU Commission

LOCATION

- Easy access to all main cities in Belgium (road or public transport)
- Central location in Europe
- Paris – 288km (Speed train: 1h20 – Road: 3h)
- Amsterdam – 246km (Speed train: 1h50 – Road: 2h30)
- London – 392km (Speed train: 2h05 – Road: 4h30)
- Köln – (Speed train: 1h50 – Road: 2h15)



3.2 WEATHER

- Average temperature in June
- High temperature: 24°C – 75°F
- Low temperature: 15°C – 60°F



3.3 TRANSPORTS – Airports/Train/Bus/Tram/By foot

AIRPORTS

1) Brussels National Airport

Location: 10km from event venue

Very Easy access: Train and Bus stations (direct connection with stations close to the event)

2) Brussels South Charleroi

Location: 60km from event venue

Access: Station with bus shuttle services to Brussels city center

Low-cost airlines usually land at Brussels South Charleroi Airport

TRAINS

- Bruxelles-Central – Main train station in the center of Brussels
- Bruxelles-Midi – Train station for international destinations
- Bruxelles-Luxembourg
- Bruxelles-Schuman

BUS

- “Crossing” Lines 56, 59, 65, N04
- “Azalées” Lines 56, 65, N04
- “Herman” Lines 59
- “Chazal” Lines 64, 65

TRAM

- “Louis Bertrand” Station, Lines 7
- “Héliotropes” Station, Lines 7
- “Chazal” Station, Line 7
- “Bienfaiteurs” Station, Lines 25, 62

BY FOOT

- 15 minutes from « Cinquantenaire and European Quarter »
- 30 minutes from « Grand-Place »
- 30 minutes from City Center (Manneken Pis, Gallerie Saint-Hubert, Kings’ Palace, ...)

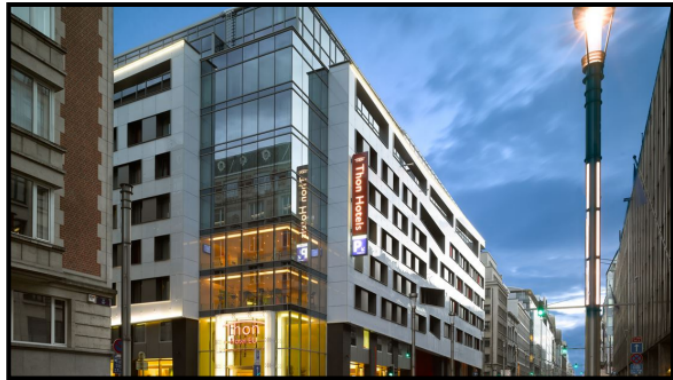


3.4 HOTELS

Partner hotel: Thon Hotel EU

Address:

Thon Hotel EU
Rue de la Loi, 75
1000 Brussels
Belgium



The Thon EU Hotel is conveniently situated:

- 10-minute bike ride away from the event venue.
- 25 minutes by public transportation.
- 20 minutes by car.

The Thon EU Hotel offers special rates for participants of the Urban Sessions. Here are the rates for single and double rooms. If riders choose to share a double room, the price is divided by two.

Average Room Prices:

- Single occupancy: 155 EUR per night
- Double occupancy: 180 EUR per night

⇒ Please note that **room prices may vary depending on the dates.**

We highly encourage participants to consider booking a double room, as this can provide a more social experience while also reducing accommodation costs.

You could book your room on the following link : <https://www.thonhotels.com/event/urban-sessions/>

Terms and conditions:

- Discounted **rates are available until May 24, 2024**. After this deadline and outside the mentioned event dates, the rates are subject to availability.
- All the above rates include breakfast, service and VAT, as well as free access to the fitness and sauna.
- The City tax of 4.24 EUR Per room, per night is not included in the room rate.
- Please be aware that the number of rooms is limited. To confirm your reservation, a full prepayment is required upon reservation.



4. COMMUNICATION

OFFICIAL WEBSITE

EVENT WEBSITE www.urbansessions.be
UCI WEBSITE www.uci.org

OFFICIAL SOCIAL MEDIA

Instagram @urbansessions.official
Facebook @urbansessions.official
Tik Tok @urbansessions.official
Youtube @urbansessions.official

OFFICIAL HASHTAGS

#urbansessions
#urbansessionsbxl

5. CONTACT INFORMATION

Organizing Committee of Brussels Urban Sessions

Event Director: Matthieu Gheysen
BMX Freestyle Management: Achim Kujawski – Andy Zeiss

Contact details

Sports Management Team: sport@urbansessions.be
Communication Team: communication@urbansessions.be
General: hello@urbansessions.be

