

MEDICAID SECTION 1115 BEHAVIORAL HEALTH TRANSFORMATION DEMONSTRATION

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District's Medicaid 1115 Behavioral Health Transformation Waiver Approved November 6, 2019

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- Behavioral Health Transformation Waiver Advances District Goals:
 1. Covers a broader continuum of Medicaid behavioral health treatment for individuals with serious mental illness (SMI)/serious emotional disturbance (SED) or a substance use disorder (SUD)
 2. Advances the goals of the District Opioid Strategic Plan by improving outcomes for individuals with Opioid Use Disorder and other SUDs
 3. Supports Medicaid's movement towards more integrated medical and behavioral health care to better coordinate prevention and treatment

Federal Goals Promote Community-Based Treatment, Reduction of Inpatient/ED Utilization

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Key waiver goals include:

- Reduced utilization/lengths of stay in hospital emergency departments and inpatient hospital settings where preventable/unnecessary
- Reduced preventable admissions to acute/specialty/residential settings
- Serious Mental Illness (SMI) services only:
 - ▣ Increased availability of crisis stabilization, including short-term residential crisis stabilization
 - ▣ Increased access to community mental health services
 - ▣ Improved care coordination, including continuity after hospital/residential stays
- Substance Use Disorder (SUD) services only:
 - ▣ Increased rates of SUD identification, initiation, engagement, and treatment adherence/retention
 - ▣ Reductions in overdose deaths, including for opioids
 - ▣ Improved access to treatment for physical health conditions for SUD beneficiaries

Waiver Services Beginning January 1, 2020

Service	Proposed Go-Live Date
IMD Services	January 2020
Clubhouse	January 2020
Recovery Support Services (RSS)	January 2020
Psychologists/Other Licensed BH Practitioners	January 2020
Eliminate \$1 Co-Pay for MAT	January 2020

Waiver Services Beginning February-June, 2020

Service	Proposed Go-Live Date
Supported Employment - SMI	February 2020
Supported Employment - SUD	March 2020
Trauma-Targeted Care (TREM, TST)	March 2020
Crisis Stabilization (CPEP, Psych Crisis Stabilization Beds, Mobile Crisis and Outreach Services)	June 2020
Transition Planning Services	June 2020

DC Awarded SUD Provider Capacity Planning Grant

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- Demonstration project grant to *increase the treatment capacity of Medicaid providers to deliver substance use disorder treatment and recovery services.*
 - ▣ Federal SUPPORT Act Sec. 1003 - CMS, SAMHSA & AHRQ collaborative funding
- DHCF awarded \$4.6 m. – full amount requested
- 2 project phases:
 - ▣ 1 8-month planning grants – \$50 million awarded to 15 states
 - ▣ 3-year demonstration grants – awarded to 5 planning grant states
- Planning and 3-year grant opportunity complement DC Opioid Response and 1115 Waiver initiatives

SUD Provider Capacity Grant Components Focus on Building Core Infrastructure and Competencies

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- Comprehensive needs assessment of Medicaid provider capacity to diagnose and treat SUD. (*a required component of the grant)
- Education and technical assistance among Medicaid providers to build provider capacity to treat individuals with SUD in community settings.
 - ▣ *Prioritized providers include health homes, buprenorphine-waivered providers*
- Build critical infrastructure to support appropriate, privacy-preserving information exchange.

District Will Engage Stakeholders Throughout Waiver Period

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- Behavioral Health Waiver Website includes frequently asked questions, guidance, other information: <https://dhcf.dc.gov/1115-waiver-initiative>
- Bi-Weekly Friday stakeholder calls to address questions and comments
- Leveraging existing meetings for updates
- Quarterly update emails from DHCF/DBH – starting ~Spring 2020
- SUD provider capacity work – started January 2020
- Twice-yearly behavioral health system performance meetings – starting ~Summer 2020
- Email dhcf.waiverinitiative@dc.gov to learn more

Questions/Discussion

- Waiver Materials available at <https://dhcf.dc.gov/1115-waiver-initiative>
- Waiver email mailbox: dhcf.waiverinitiative@dc.gov
- Key Contacts:
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