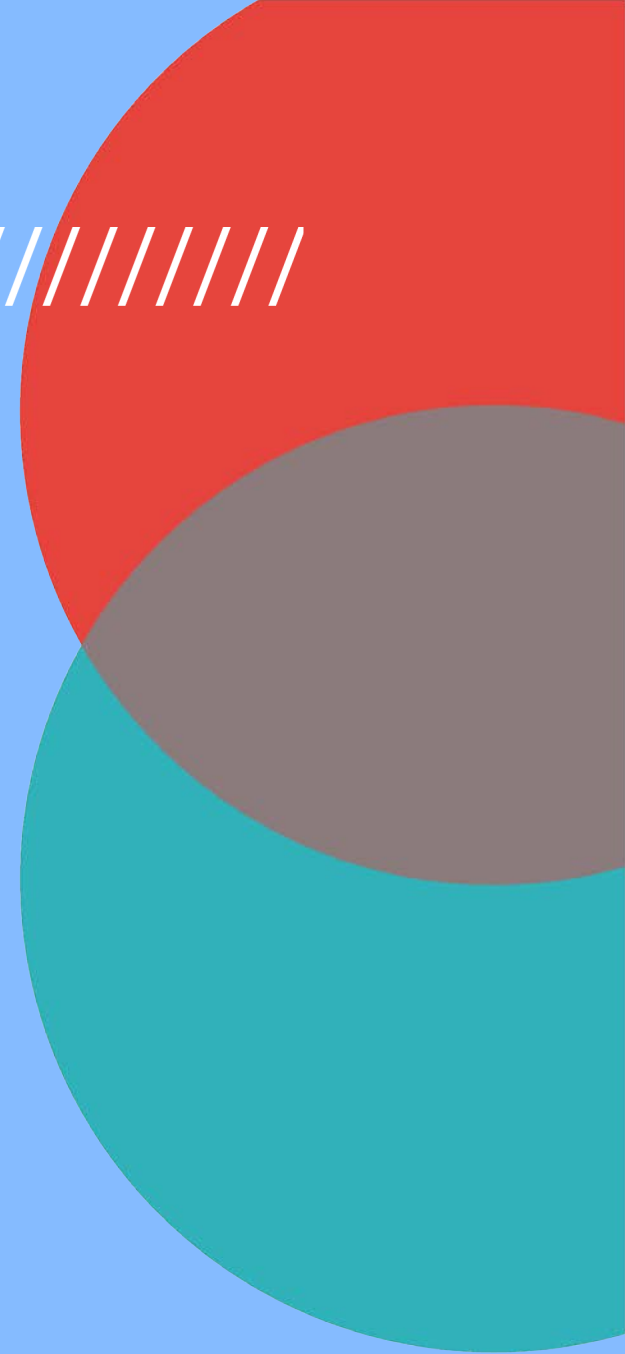


**LIVE. LONG. DC.**




# **DC Opioid Stakeholder Summit**

OCTOBER 30, 2019



# Purpose, Outcomes, Agenda



**Purpose:** To continue to inform and engage the LIVE. LONG. DC. (LLDC) stakeholder community on the current trends of the opioid crisis, progress on the strategic plan, and identify what is working in reducing the death rate in DC.

**Outcomes:**

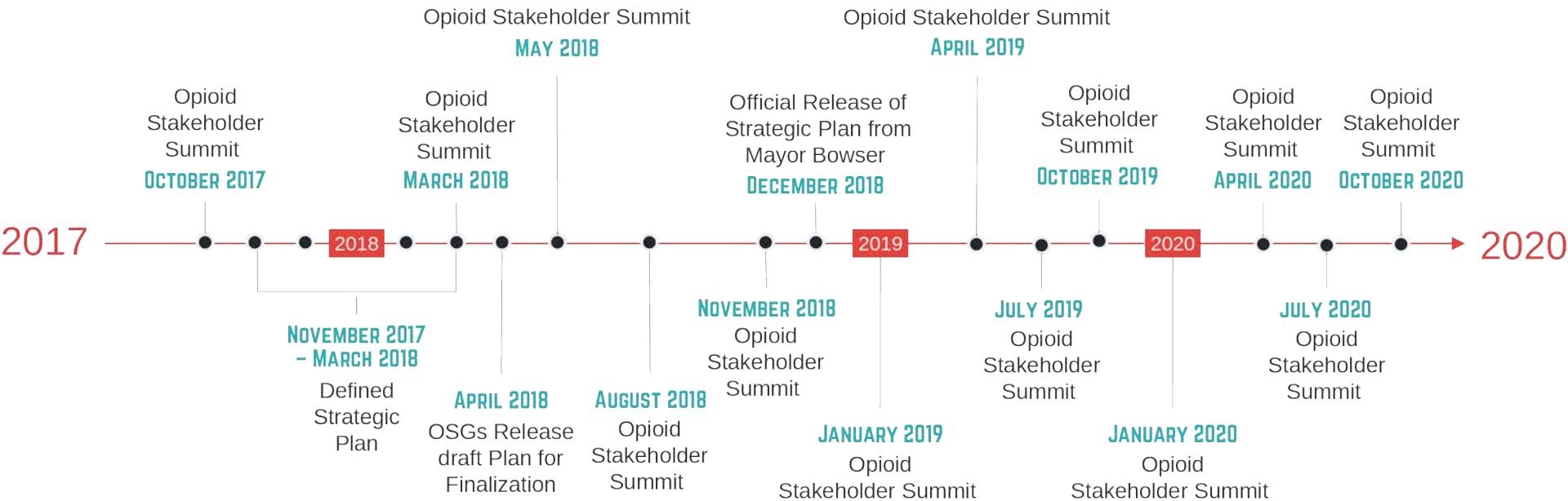
- Shared understanding of the data and trends to inform the work of LLDC
- Increased enrollment of stakeholder community in the work of LLDC
- Broader awareness of what is working to reduce the death rate

**Agenda:**

- I. Welcome and Level-set
- II. Overview of LLDC Accomplishments
- III. Data Presentations
  - OCME
  - DFS
  - DBH
- IV. Working Group Time
- V. Presentations
  - Engage Strategies
  - Pew Charitable Trusts
- VI. Closing Remarks



# DC Opioid Timeline



# DC Opioid Strategy Contributors & Stakeholders



## DC Agencies

Criminal Justice Coordinating Council (CJCC)  
Department of Behavioral Health (DBH)  
Department of Corrections (DOC)  
D.C. Health (DCH)  
Department of Human Services (DHS)  
Department of Forensic Sciences (DFS)  
DC City Council  
Department of Health Care Finance (DHCF)  
DC Office on Aging (DCOA)  
DC Public Schools (DCPS)  
Fire and Emergency Services (FEMS)  
Homeland Security and Emergency Management Agency (HSEMA)  
Metropolitan Police Department (MPD)  
Office of the Chief Medical Examiner (OCME)  
Office of the Mayor  
Office of the State Superintendent of Education (OSSE)

## Federal Partners

Court Services and Offender Supervision Agency (CSOSA)  
Department of Justice (DOJ)  
Drug Enforcement Agency (DEA)  
Federal Bureau of Investigations (FBI)  
Federal Bureau of Prisons (BOP)  
Office of the Attorney General (OAG)

## Community Partners

Aquila Recovery  
Children's National Medical Center  
DC Hospital Association (DCHA)  
DC Medical Society  
DC Prevention Center Wards 7 & 8  
DC Primary Care Association (DCPCA)  
DC Recovery Community Alliance (DCRCA)  
Medical Home Development Group (MHDG)  
George Washington University (GWU)

## Community Partners

Grubbs Pharmacy  
Helping Individual Prostitutes Survive (HIPS)  
Howard University  
McClendon Center  
Mosaic Group  
Miriam's Kitchen  
One Common Unity  
Oxford House  
Pathways to Housing  
Partners in Drug Abuse Rehabilitation Counseling (PIDARC)  
Psychiatric Institute of Washington (PIW)  
So Others Might Eat (SOME)  
Sibley Hospital  
Unity Health Care  
Whitman Walker Health  
Woodley House  
Zane Networks, LLC



# LIVE. LONG. DC. Accomplishments & Progress

## July 2019 - October 2019



### **Educate DC residents and key stakeholders on the risks of opioid use and effective prevention and treatment options.**

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*Strategy 2.3:* Grants were awarded to 23 faith-based groups who held community events and naloxone trainings during September (recovery month). 4000 people were educated about OUD at these events.



### **Engage health professionals and organizations in the prevention and early intervention of SUD among DC residents.**

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*Strategy 3.5:* 93 individuals have been trained as recovery coaches; a graduation ceremony and job fair was held in late September.

*Strategy 3.6:* Twelve online, self-paced, and CME/CE accredited eLearning modules were launched on September 29, 2019. The learning modules can be found and taken at (<https://opioidhealth.org/>).

\*For additional information about the implementation of the strategic plan visit <https://livelong.dc.gov/page/strategic-plan-0>



# LIVE. LONG. DC. Accomplishments & Progress

## July 2019 - October 2019



### **Support the awareness and availability of, and access to, harm reduction services in DC.**

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*Strategy 4.2:* DC Health released an [online naloxone training](#) that any individual can complete and then get a naloxone kit for free at any of the 17 pharmacies participating in the pilot project.



### **Ensure equitable and timely access to high-quality substance use disorder treatment and recovery support services.**

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*Strategy 5.4:* Four Emergency Departments are screening people for SUD as part of the ED MAT Induction Program.

Additionally, the “BupDap” program launched on November 1, 2019 which provides buprenorphine for individuals without insurance.

\*For additional information about the implementation of the strategic plan visit <https://livelong.dc.gov/page/strategic-plan-0>



# Presentations



**Dr. Chikarlo Leak, Office of the Chief Medical Examiner (OCME):** Snapshot of Fatal Opioid Overdoses in the District

- OCME shared data on trends in the number of fatal opioid overdoses.

**Dr. Jenifer Smith, Department of Forensic Sciences (DFS):** What Opioids Are On The Streets?

- DFS shared data on trends in drug testing and surveillance.

**Laura Heaven, Department of Behavioral Health (DBH):** Data Dashboard

- DBH shared its data dashboard that captures admission data, retention in Methadone clinic data, and additional data elements for DBH contracted providers.

**Michael Bento, Engage Strategies:** LIVE.LONG.DC. Social Marketing Campaign

- Engage Strategies presented the new social marketing campaign coming to DC on November 15, including bus signs, social media, and a new logo for LIVE.LONG.DC.

**Frances McGaffey and Saman Rouhani, Pew Charitable Trusts:** Recommendations for Addressing the Opioid Crisis in DC

- Pew shared recommendations for enhancing the SUD treatment system and addressing the opioid crisis in DC.

*Full presentations can be found in the Appendix.*



# Working Group Time





# Working Group Time:

## What's working to reduce the death rate in DC?

### Prevention:

- Education about naloxone
- Community education and awareness about opioids
- Education to seniors about the risks of prescription opiates
- Storytelling of recovery.

### Harm Reduction:

- Naloxone education and syringe exchange
- 24/7 peer outreach teams
- Availability of naloxone and increase in access points (from 4,000-76,000 kits available in DC in one year)
- Building relationships

### Treatment:

- Increasing access (removed prior authorizations, doing work inside hospitals, increasing fast track sites)
- Increase in early interventions
- Peer engagement and trust in treatment
- Having all three MAT options available in the criminal justice system
- Naloxone availability in community facilities.
- Accessibility to treatment (location)
- Increase in providers who are data-waivered and trained.
- Providers understanding the lived experience and helping patients understand “what treatment will be like”
- Transition and warm handoff from the ED to a provider



# Working Group Time: What's working to reduce the death rate in DC?


## Recovery:

- Education and touchpoints with consumers at various points in their journey
- Community advocacy at every level
- Peer engagement

## Interdiction:

- Being proactive and looking at trends like the fourth wave of the opioid epidemic - synthetics
- Education about the composition of heroin (not just heroin but also fentanyl) during the trust and relationship building process with users and peers/providers
- Bringing systems together and continual sharing of knowledge
- Close the loop between criminal justice community and providers

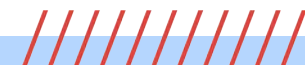
# Working Group Time: Outstanding Questions

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- How do we status-ize prevention?
  - How can we use data to inform education and curriculum in schools?
  - How can at-risk populations trust the environment, education, and tools (e.g., naloxone)?
  - Are we collecting data on how long it takes an individual to go from Point A to Point B?
  - How might the city support peers through professionalized peer support and a conducive work environment for peers?
  - Where is Bupenorphine being diverted?
  - Are current programs effective in removing drugs off the street?



# Next Steps

- If you are interested in joining an Opioid Strategy Group and being a part of the membership list, complete this link:  
<https://forms.gle/ApuQdjmUSoLGv4Q68>
- Next stakeholder summit will be in **January 2020**
- Visit <https://livelong.dc.gov/> to learn more information about upcoming events, strategic plan implementation progress, and available resources.

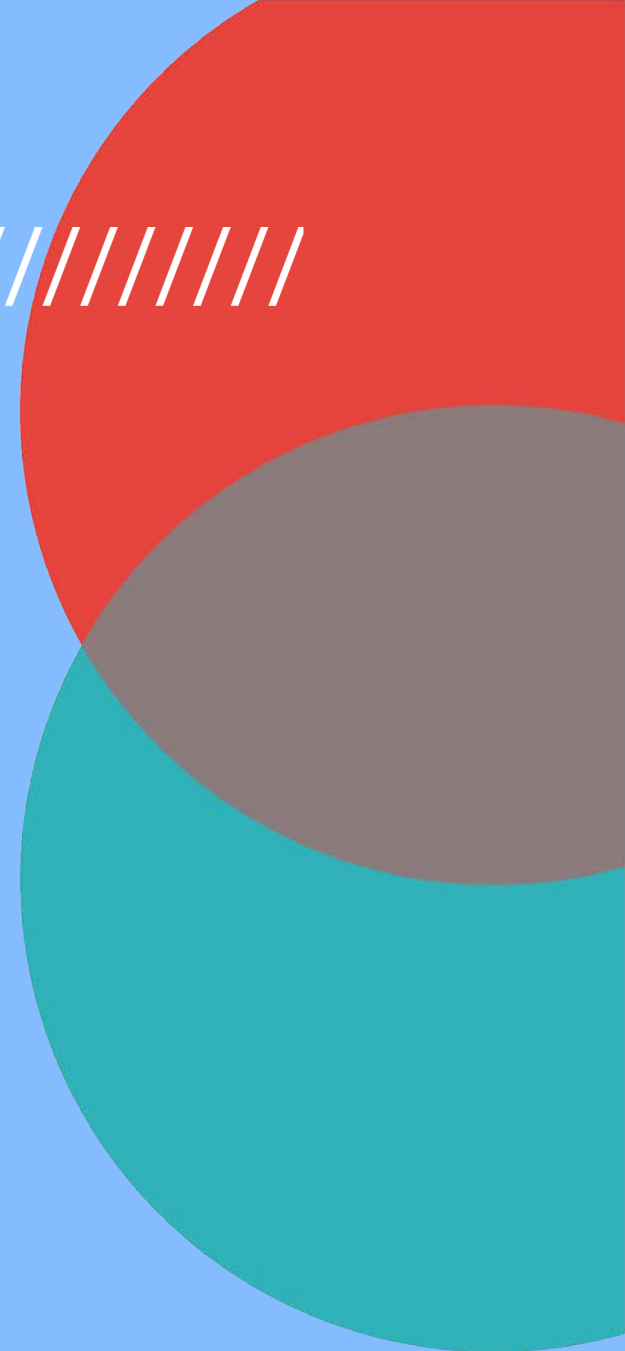


# LIVE. LONG. DC.



## DC Opioid Stakeholder Summit Design and Facilitation Support

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# Appendix

- I. Opioid-related Fatal Overdoses – Dr. Chikarlo Leak, OCME
- II. Opioid Trends in The District – Dr. Jenifer Smith, DFS
- III. LIVE. LONG. DC. Social Marketing Campaign – Michael Bento, Engage Strategies
- IV. Recommendations for Addressing the Opioid Crisis in DC – Frances McGaffey and Saman Rouhani, Pew Charitable Trusts