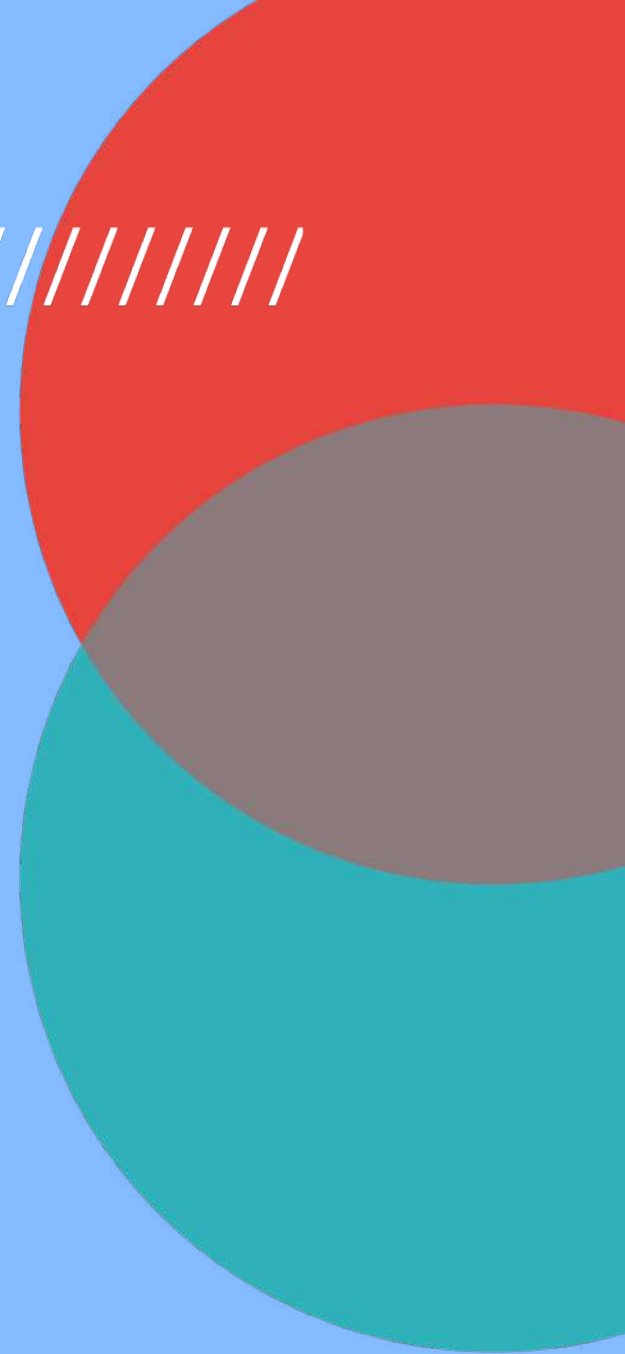


LIVE. LONG. DC.

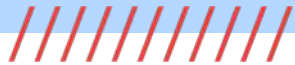


DC Opioid Stakeholder Summit

February 5, 2020
Summary Report



Overview



PURPOSE:

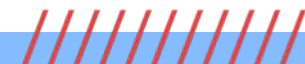
To convene the LIVE. LONG. DC. stakeholder community in a generative discussion about how to continually implement strategies to address the District's opioid epidemic

OUTCOME:

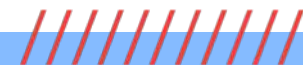
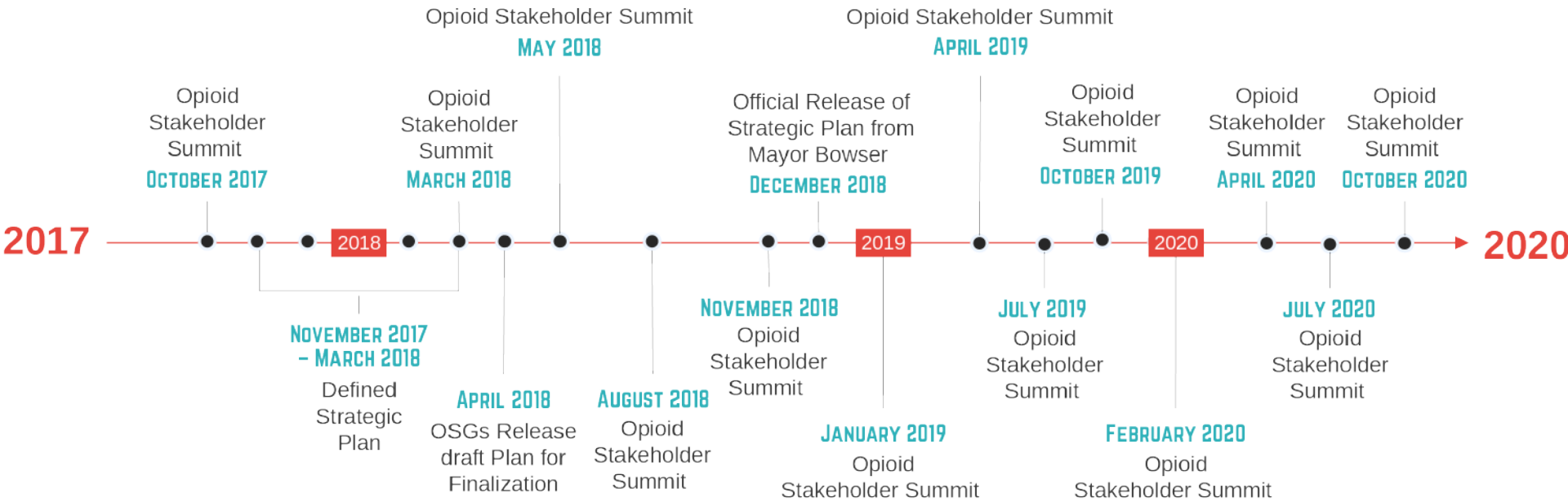
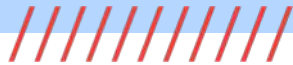
- Shared learning across the continuum of care for the LLDC stakeholder community
- Shared understanding of cross-agency and cross-organizational opportunities for collaboration and coordination

AGENDA:

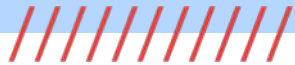
- I. Welcome and Opening Remarks
- II. Data Presentations
 - I. Office of the Chief Medical Examiner
 - II. Department of Forensic Sciences
- III. Panel of the Continuum of Care
- IV. Small Group Conversations
- V. 1115 Waiver Presentation
- VI. Closing Remarks



DC Opioid Timeline



LIVE. LONG. DC. Stakeholders



DC Agencies

Criminal Justice Coordinating Council (CJCC)
Department of Behavioral Health (DBH)
Department of Corrections (DOC)
D.C. Health (DCH)
Department of Human Services (DHS)
Department of Forensic Sciences (DFS)
DC City Council
Department of Health Care Finance (DHCF)
DC Office on Aging (DCOA)
DC Public Schools (DCPS)
DC Public Libraries (DCPL)
Fire and Emergency Services (FEMS)
Homeland Security and Emergency Management Agency (HSEMA)
Metropolitan Police Department (MPD)
Office of the Chief Medical Examiner (OCME)
Office of the Mayor
Office of the State Superintendent of Education (OSSE)

Federal Partners

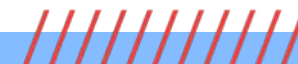
Court Services and Offender Supervision Agency (CSOSA)
Department of Justice (DOJ)
Drug Enforcement Agency (DEA)
Federal Bureau of Investigations (FBI)
Federal Bureau of Prisons (BOP)
Office of the Attorney General (OAG)

Community Partners

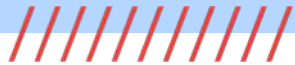
Aquila Recovery
Bridgepoint Healthcare
Capital Clubhouse
Children's National Medical Center
Community Connections
DC Hospital Association (DCHA)
DC Medical Society
DC Prevention Centers
DC Primary Care Association (DCPCA)
DC Recovery Community Alliance (DCRCA)
Dreamers and Achievers
Hillcrest Children and Family Center
Kolmac Outpatient Recovery
Medical Home Development Group (MHDG)
Georgetown University
George Washington University (GWU)

Community Partners

Grubbs Pharmacy
Hillcrest
Honoring Individual Power & Strength (HIPS)
Howard University
Latin American Youth Center (LAYC)
MBI Health Services
McClendon Center
Mosaic Group
Miriam's Kitchen
One Common Unity
Oxford House
Pathways to Housing
Partners in Drug Abuse Rehabilitation Counseling (PIDARC)
Psychiatric Institute of Washington (PIW)
Revise, Inc.
So Others Might Eat (SOME)
Sibley Hospital
Total Family Care Coalition
Unity Health Care
Whitman Walker Health
Woodley House
Zane Networks, LLC



Presentations



Dr. Chikarlo Leak, Office of the Chief Medical Examiner (OCME): Snapshot of Fatal Overdoses in the District

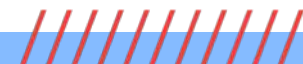
- OCME shared data on trends in the number of fatal opioid overdoses.

Dr. Luke Short, Department of Forensic Sciences (DFS): What Opioids are on the Streets?

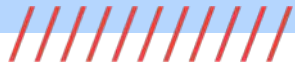
- DFS shared data on trends in drug testing and surveillance efforts to capture the impact of fentanyl in the District.



Refer to the Appendix for full slide presentations.

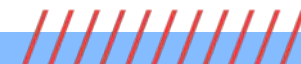


Panel Discussion

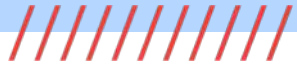


The panel consisted of members that represent areas on the continuum of care in the District and who are actively addressing the District's opioid epidemic. Panel Members:

- Dr. Chikarlo Leak, OCME
- Dr. Luke Short, DFS
- Ishan Heru, Community Connections
- Cyndee Clay, HIPS
- Charles Dark, DC Prevention Center Wards 5&6
- Jerome Thomas, DCPL

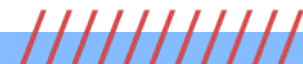


Panel Discussion

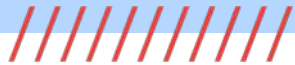


Themes from the conversation include:

- The impact of increased availability of Naloxone kits throughout the city has made a difference.
 - In 2018 there were 4,000 kits and in 2019 there were over 60,000 kits.
- Better communication between programs on the ground and public agencies
 - Services have strengthened collaborations and built off one another
- Awareness of the risks that new drugs present and it's impact on different populations
 - The increase in K2 laced with fentanyl is impacting youth and young adults
- Education is critical to enabling people to make educated decisions
 - Importance of education to individuals when they are young about the dangers of substances to prevent substance use

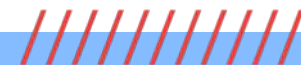
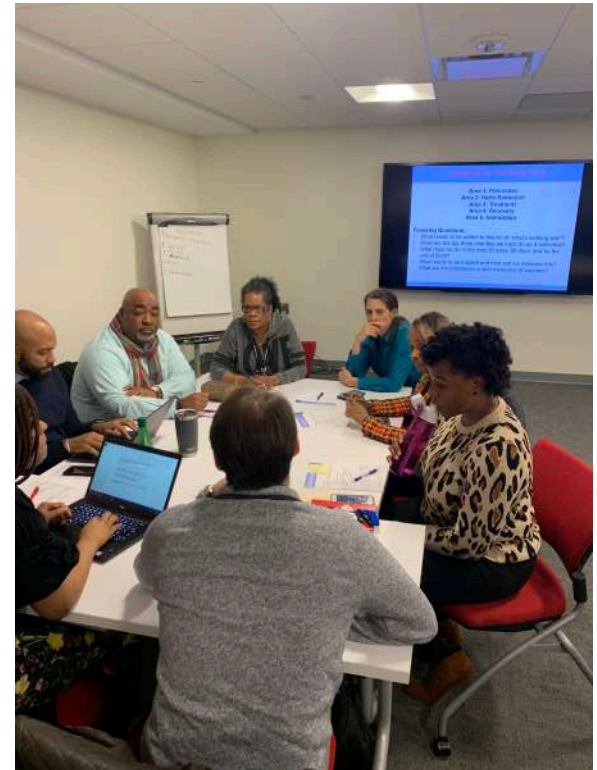


Small Group Discussions

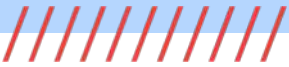


To continue the momentum on conversations had during the October 2019 Summit, the room divided into small groups to discuss what is working well to reduce the death rate. The following groups were represented:

- Prevention
- Harm Reduction
- Treatment
- Recovery
- Interdiction



Small Group Discussions



The groups were asked to answer the following questions:

1. Based on today's new information, what needs to be added to this list?
2. What are the top 3 priorities that we must do as a collective?
3. What must we do in the next 30 days, 90 days, and by the end of 2020?
4. What needs to be tracked and how can we measure this? What are the milestones and/or measures of success?

Below are the top priorities that groups decided were most important to do in 2020:

Prevention

1. Push engagement with schools that have a high OUD concentration
2. Develop fact sheet/visual information for community and youth
3. Conduct a youth survey to understand what their needs are and what they know about opioids
4. Saturate the city with campaigns and advertisements and increase education about fentanyl
5. Provide support services for families dealing with addiction and reduce stresses that can prevent addiction onset

Harm Reduction

1. Expand peer outreach teams
2. Expand syringe exchange programs
3. Improve (increase) naloxone access points

Treatment

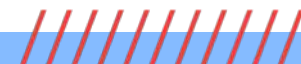
1. Contact Sheet
2. Resource Guide
3. Website Access

Recovery

1. Address barriers for youth getting into treatment
2. Conduct a study to follow person-centered design of the system
3. Increase peer workforce
4. Increase paths to recovery

Interdiction

1. Increase collaboration between public safety and criminal justice
2. Establish a POC in agencies to store information
3. Timely intelligence



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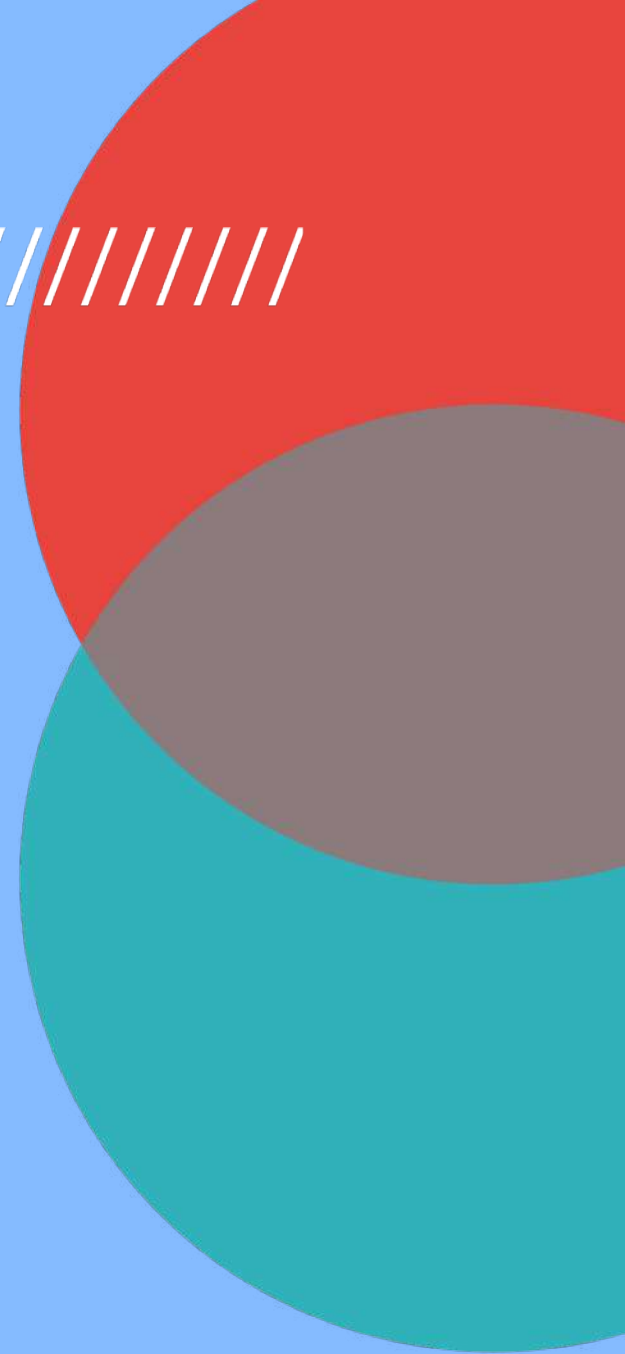
DC Opioid Stakeholder Summit
Design and Facilitation support:

The Clearing, Inc.

Jonathan Spector

202.558.6499

jonathan.spector@theclearing.com



Appendix

- I. Opioid-related Fatal Overdoses – Dr. Chikarlo Leak, OCME
- II. What Opioids are on the Streets? – Dr. Luke Short, DFS
- III. 1115 Behavioral Health Transformation Waiver – Teresa Mannochio, DBH and Alice Weiss, DHCF