



# LIVE.LONG.DC

## Stakeholder Summit

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January 25, 2023  
Summary Report

# LIVE.LONG.DC.

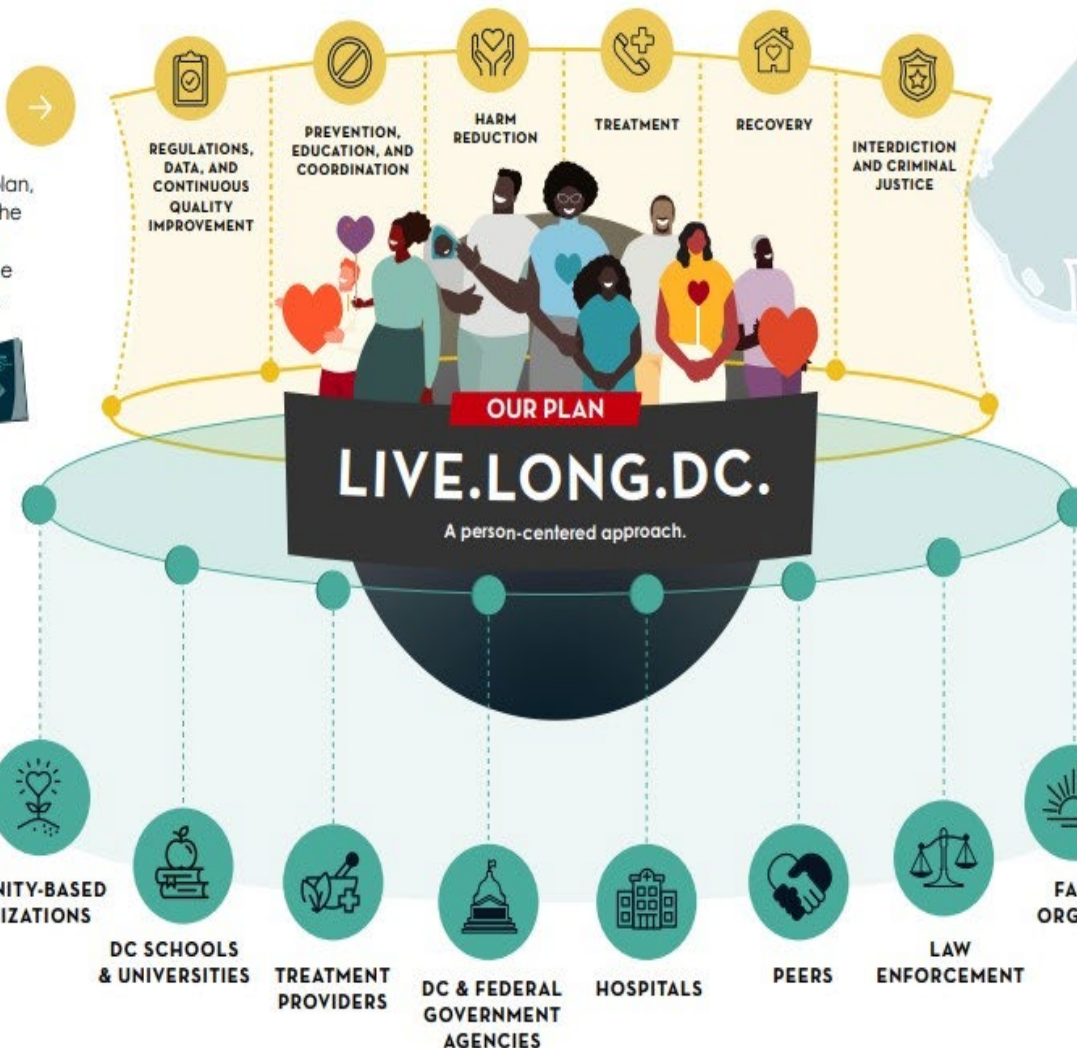
## The District's Strategic Plan to Reduce Opioid Use, Misuse, and Related Deaths.

The LIVE.LONG.DC. (LLDC) Strategic Plan contains 49 strategies, organized across six (6) Opioid Strategy Groups (OSGs) that span the continuum of care. LLDC community members from across the District form a public-private coalition to collaborate on these strategies.

### OUR WORK

The OSG working groups plan, support, and execute on the work in the Strategic Plan. These groups are led by the LLDC Steering Committee.

Visit the [full plan here](#).



### OUR COMMUNITY

Hundreds of stakeholders from across the District, representing public, private, and community-based organizations work together within the OSGs in their area of expertise or interest, to deliver on the strategies.

## PURPOSE

To convene the LIVE.LONG.DC (LLDC) stakeholder community in a forum of **learning and action planning** for executing strategies to save lives from opioid overdoses.

## OUTCOMES

- Shared learning across the continuum of care for the LLDC stakeholder community
- Shared understanding of cross-agency and cross-organizational opportunities for collaboration and coordination

## AGENDA

1. Opening Remarks

### Learning

1. What is LIVE.LONG.DC?
2. 2022 Highlights and 2023 Focus Areas

### Action Planning

1. Opioid Strategy Group Breakouts
2. Closing Remarks

Where do you primarily work within the LIVE.LONG.DC. community (e.g., outreach, provider, faith-based, hospital, etc..)?

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## Julie Weigandt, Department of Behavioral Health

### LLDC and the State Opioid Response (SOR) Grant

- Educated participants on the **mission of LLDC** and its **overlap with SOR initiatives** and funding.
- Highlighted SOR's objectives and initiatives related to **individual interventions, referral and access points** and **community interventions**.

## Nestor Rocha and Kenan Zamore, DC Health

### LLDC and the Center for Disease Control (CDC) Overdose Data to Action (OD2A) Grant

- Presented the **objective of the OD2A Grant** which is to support jurisdictions in collecting high quality, comprehensive, and timely data on fatal and nonfatal overdoses, and using the **data to inform prevention and response efforts**.
- Highlighted the **areas of overlap** between the OD2A Grant's objective and LLDC's data, harm reduction, treatment, and interdiction/criminal justice strategies.

# LLDC Opioid Strategy Group (OSGs) 2022 Highlights and 2023 Focus Areas

Each OSG provided an overview of their OSG's goals, highlights from their work in 2022, and focus areas for 2023. The following slides provide summaries of the information presented.

## Regulations, Data, and Continuous Quality Improvement

- 2022 Major Accomplishments
  - **Opioid Fatality Review Board (OFRB)** held **monthly case review meetings** to share relevant information on decedents or specific programs with the goal of developing further recommendations (RD.1)
  - Continued to develop an **inter-agency opioid dashboard** and added data from FEMS (RD.2)
  - Partnered with the CDC Foundation to **bring on epidemiologists** (RD.2)
  - Regularly used data to **identify overdose spikes/hotspots** to inform proactive outreach efforts (RD.2)
  - **Funded four FEMS outreach teams** to connect in real time to overdose survivors (RD.2)
  - CRISP DC launched the **Consent tool in June 2022** which permits patient-directed information sharing of 42 CFR Part 2 information with care team members and payers (RD.5)
- 2023 Focus Areas
  - **Development of public-facing dashboards** (e.g., naloxone)
  - Explore a **partnership with the Lab@DC** to improve and evaluate several initiatives
  - Proactively identify **when individuals are most at risk for relapse and overdose** based on if/ when they have interacted with the behavioral health system in the past

## Prevention, Education, and Coordination

- 2022 Major Accomplishments
  - Four **DC Prevention Centers (DCPCs)** reached **12,108** individuals through: 47 naloxone trainings, 87 educational panels, 6 school-based events, and 32 youth-focused community events (PE.2 and 3)
  - Eight **faith-based grantees** reached **25,814 contacts** through over 60 community events and 37 naloxone trainings (PE.3)
  - Ran **three social marketing campaigns** “Be Ready” naloxone campaign, the Hope Campaign, and a fentanyl campaign (PE.4)
- 2023 Focus Areas
  - Collaborate with **schools**
  - **Expand partnerships with faith-based organizations** and provide training and technical assistance
  - **Provide ongoing prevention work** with partners beyond one-off events
  - Develop marketing campaign that **targets youth**

## Harm Reduction

- 2022 Major Accomplishments
  - **Pharmacies distributed** 1,624 naloxone units (HR.1)
  - Naloxone training was provided to 3,461 individuals (HR.1)
  - **There were** 19,773 **fentanyl test strips** distributed (HR.3)
  - **SSP funding increased from** \$1.28M in FY22 to \$2.33M in FY23 (HR.4)
- 2023 Focus Areas
  - **Enhance drug checking** in the field
  - **Strategic naloxone partners** for optimal distribution and reporting
  - Increased access to naloxone **certifying more people** to become naloxone trainers
  - Naloxone **legislation changes** to meet the needs of the District's naloxone initiative
  - **The implementation of the District of Columbia Stabilization and Sobering Center (DCSSC)** so that individuals have a safe place to go, other than a hospital or jail, after consuming drugs

## Recovery

- 2022 Major Accomplishments
  - The four Peer-operated Centers **enrolled 233 new individuals with opioid use disorder (OUD)/stimulant use disorder (STUD)** and made **104 linkages to employment services**, **37 linkages to treatment services**, and **738 linkages to recovery support services**. (RE.1)
  - Oxford House admitted **163 new individuals with OUD/STUD into recovery housing**, made **47 referrals to treatment**, and provided **peer-led recovery support services to 111 individuals**. (RE.2)
- 2023 Focus Areas
  - Identify **peer workforce opportunities**.
  - Raise awareness about **recovery resources**.
  - **Work with Interdiction and Criminal Justice OSG** on recovery forums.
  - Start a **Medication-Assisted Recovery Anonymous (MARA) Group**.



## Treatment

- 2022 Major Accomplishments
  - **198,775 SBIRT screenings completed** in six acute care hospitals and at PIW. (TR.1)
  - The Buprenorphine Drug Assistance Program (bupDAP) **supplied 121 individuals with buprenorphine** (TR.1).
  - **4,333 individuals were contacted through outreach** and 276 were enrolled in care management services. The care management teams made 311 referrals to behavioral health services and 189 successful linkages. (TR.8)
  - The MyRides program provided **2,731 rides** to treatment and recovery supports. (TR.3)
- 2023 Focus Areas
  - Continue to work towards **implementation of integrated and patient-centered care models** in treatment.
  - Develop **tools and trainings to address stigma** by providers.
  - Provide **MOUD consultation, technical assistance, and education** to DC providers.
  - Continue to **expand the hospital-based peer program** and naloxone distribution through District hospitals.
  - Continue to **expand access to treatment** through referrals, My Rides, 24/7 CRT, mobile van, and telehealth.

## Interdiction/ Criminal Justice

- 2022 Major Accomplishments
  - The **men's substance use disorder (SUD) unit at the jail opened in August 2022** and had 15 residents in September and the women's unit, which opened late 2021, had 9 residents. (IC.3)
  - In September 2022, **272 individuals were receiving medication for opioid use disorder (MOUD)** Certified addiction counselors in the jail made 1,734 contacts with jail residents with OUD. (IC.3)
  - **Provided recovery housing to 20 women and 5 men** who recently returned from jail, and all clients were engaged in weekly care management. Ten women **identified permanent housing** and 12 clients **found employment**. (IC.4)
  - 308 incarcerated individuals with a history of opioid or stimulant use **participated in release planning** through the READY Center at Department of Corrections. (IC.4)
  - Conducted **two forums with justice partners** for individuals to discuss their road to recovery. (IC.5)
  - In August 2022, Dr. Bazron and Chief Contee attended **national chief's meeting to gather additional data about formal co-responder models** and to drive renewed planning activities related to a reinvigorated prearrest diversion program. (IC.9)
  - Continued to **share findings from the Department of Forensic Sciences (DFS) testing program** improve our understanding of drug use trends. (IC.10)
- 2023 Focus Areas
  - Continue to **expand recovery housing** for returning citizens.
  - Continue to **build a robust prearrest diversion program** to keep individuals out of jail.
  - **Conduct a journey map** to develop a common understanding about the landscape of the justice system that is broader than interdiction.

# Opioid Strategy Group (OSG) Breakout Sessions

*The focus of the January 2023 Opioid Strategy Group (OSG) breakout sessions were on updating current strategies within LLDC's Strategic Plan and providing recommendations for new areas of focus for 2023.*

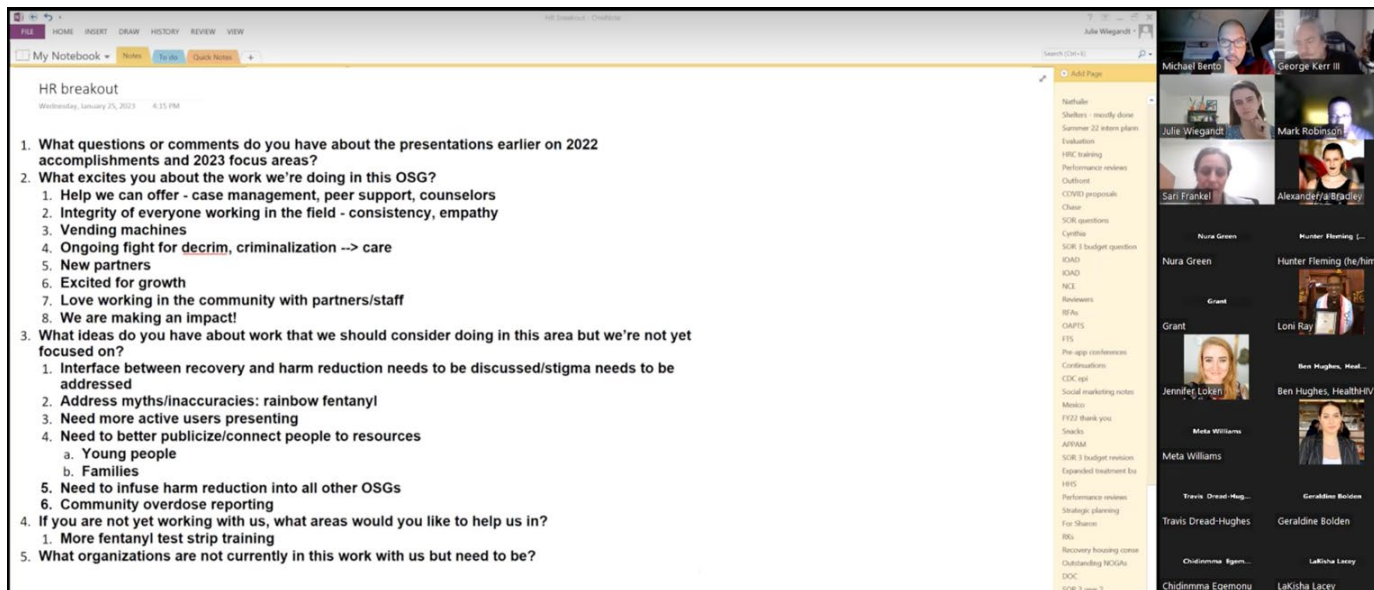
## **Prevention, Education, and Coordination** *2023 Prevention Strategies*

- Participants expressed their excitement around the overall accomplishments of the Prevention OSG in 2022, and highlighted the need to better coordinate the work in 2023 to reach a wider audience.
- Participants' main focus for 2023 will be on reaching the youth population in DC.

# Opioid Strategy Group (OSG) Breakout Sessions Cont.

## Harm Reduction: *2023 Harm Reduction Strategies*

- Participants discussed their ideas for work that the OSG should focus on in 2023 that they aren't already focused on, including interfacing with recovery groups to address stigma and myths/inaccuracies, highlighting active users, and connecting youth to harm reduction resources.
- Participants shared what excites them about the OSG's work, such as building relationships with people and providing peer support.



Screenshot from the Harm Reduction breakout discussion

# Opioid Strategy Group (OSG) Breakout Sessions Cont.

## Treatment: 2023 Treatment Strategies

- Participants discussed the need for harm reduction implementation in all areas of treatment so that people can make individualized recovery decisions for themselves.
- Participants further defined TR. 3 to include increasing the number of 24-hour intake centers, and opening a 24-hour youth residential treatment facility and an additional adult treatment center.
- Participants added a strategy to eliminate prior authorization for buprenorphine.

The screenshot shows a Zoom meeting interface. On the left, a document titled "TREATMENT" is displayed, listing 10 strategies (TR.1 to TR.10\*) and a "RECOVERY" section with 3 strategies (RE.1 to RE.3\*). The document content is as follows:

**TREATMENT**

- TR.1** Develop and implement a model for initiating MOUD in emergency departments (ED), ensuring a direct path to ongoing care (via a warm hand-off from peer recovery coaches) that is patient-centered, sustainable, and takes into consideration the characteristics of the implementing health system.
- TR.2** Integrate physical and behavioral health treatment and programming to deliver whole-person care and improve well-being.
- TR.3** Create 24-hour intake and crisis intervention sites throughout Washington, DC.
- TR.4** Encourage provider continuing education on evidence-based guidelines for the appropriate prescribing of MOUD, with a target audience of addiction treatment providers and primary care providers who are most likely to encounter patients who are seeking this therapy.
- TR.5\*** Employ peers to engage with patients in DC hospital inpatient units and conduct post-discharge outreach.
- TR.6\*** Establish a community of practice (COP) for providers working with individuals with opioid use disorders.
- TR.7\*** Implement a mobile van to provide behavioral health screenings, assessments, and referrals; and services and supports.
- TR.8\*** Develop and implement a comprehensive care coordination/care management system to care for and follow clients with SUD/OUO.
- TR.9\*** Implement the use of universal screening measures for pregnant women and individuals with children, and provide training to OB/GYNs, nurses, and individuals who interact with them on treatment options.
- TR.10\*** Create a skilled nursing and long-term care facilities training program.

**RECOVERY**

- RE.1** Increase the presence of peer support groups/programs (e.g., 12-step programs, clubhouses, 24-hour wellness centers, sober houses, peer-operated centers) throughout the community (e.g., faith-based institutions, community centers, schools) for individuals in recovery and monitor the quality and effectiveness of programming.
- RE.2** Improve the quality and quantity of support services (e.g., education, employment, community re-entry, recovery coaching, transportation, dependent care, and housing) that are available to individuals in recovery.
- RE.3\*** Establish a Peer University to provide comprehensive training, education, and workforce opportunities for peers that will help them be eligible for national/international certification.

On the right side of the Zoom interface, a list of participants is visible:

- Ambrose Lane
- Emily Davis
- Erica Loadman
- Gayle Hurt
- Alicea Olascoaga, DC...
- Ask to Unmute
- Cathy Voss
- Tamika Spellman

Screenshot from the Treatment breakout discussion

# Opioid Strategy Group (OSG) Breakout Sessions Cont.

## Recovery: *2023 Recovery Strategies*

- Participants planned to launch a Medication-Assisted Recovery Anonymous (MARA) meeting.
- Participants explored the MyRecoveryDC website to begin brainstorming potential modifications.
- Participants discussed the new ideas for the OSG in 2023, including creating natural and informal supports for recovery clients and social opportunities for recovery clients.

## FY 23 Primary Focus

- Identify Peer Workforce Opportunities
  - Opioid Ambassador Training
  - Recovery Coaching: A Harm Reduction Pathway Training
  - National Certification
- Raise awareness about recovery resources (e.g., <https://myrecoverydc.org/>)
- Work with Interdiction and Criminal OSG on recovery forums
- Start a Medication-Assisted Recovery Anonymous (MARA) Group <https://www.mara-international.org/>

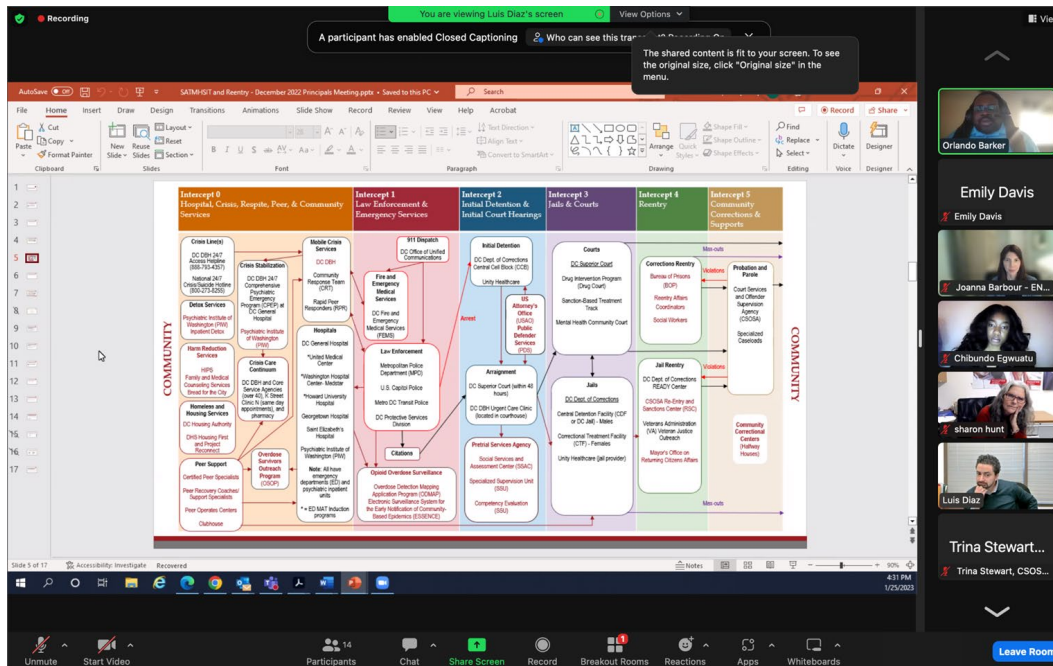


Screenshot from the Recovery breakout discussion

# Opioid Strategy Group (OSG) Breakout Sessions Cont.

## Interdiction/Criminal Justice: *2023 Interdiction/Criminal Justice Strategies*

- Participants discussed ideas for new work in 2023, some of which included: involving peers throughout all criminal justice processing decision points, focusing on family reunification and support, and partnering with DC Public Libraries, DCPS, DCRA, and PDS.



Screenshot from the Interdiction/Criminal Justice breakout discussion



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## Stakeholder Summit

Design and Facilitation  
Support

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**LIVE  
LONG** DC  
Saving lives from the opioid epidemic