



LIVE.LONG.DC. Stakeholder Summit

April 28, 2021
Summary Report

PURPOSE

To convene the LIVE. LONG. DC. stakeholder community to share information about data trends and strategies being implemented to address the District's opioid epidemic

OUTCOMES

LIVE. LONG. DC. stakeholder community is informed on data trends, strategies, resources, and opportunities to actively engage in collaborative District-wide work that is battling the opioid crisis.

AGENDA

1. Opening Remarks: Dr. Bazron, DBH Director
2. Data Presentations
 - DFS
 - OCME
 - DC Health
3. LIVE. LONG. DC. Update
4. Communications Update
5. Youth Programs and Resources
6. Closing Remarks



LIVE. LONG. DC. Contributors and Stakeholders

DC AGENCIES

- Criminal Justice Coordinating Council (CJCC)
- Council of the District of Columbia
- Department of Behavioral Health (DBH)
- Department of Corrections (DOC)
- Department of Health (DC Health)
- Department of Human Services (DHS)
- Department of Forensic Sciences (DFS)
- Department of Health Care Finance (DHCF)
- Department of Human Services (DHS)
- DC Public Schools (DCPS)
- Department of Aging and Community Living (DACL)
- DC Public Libraries (DCPL)
- DC Superior Court
- Executive Office of the Mayor (EOM)
- Fire and Emergency Services (FEMS)
- Homeland Security and Emergency Management Agency (HSEMA)
- Metropolitan Police Department (MPD)
- Office of the Chief Medical Examiner (OCME)
- Office of the Deputy Mayor of Health and Human Services (DMHHS)
- Office of the Attorney General (OAG)
- Office of the State Superintendent of Education (OSSE)

FEDERAL PARTNERS

- Court Services and Offender Supervision Agency (CSOSA)
- Department of Justice (DOJ)
- Drug Enforcement Agency (DEA)
- Federal Bureau of Investigations (FBI)
- Federal Bureau of Prisons (BOP)
- Pretrial Services Agency (PSA)

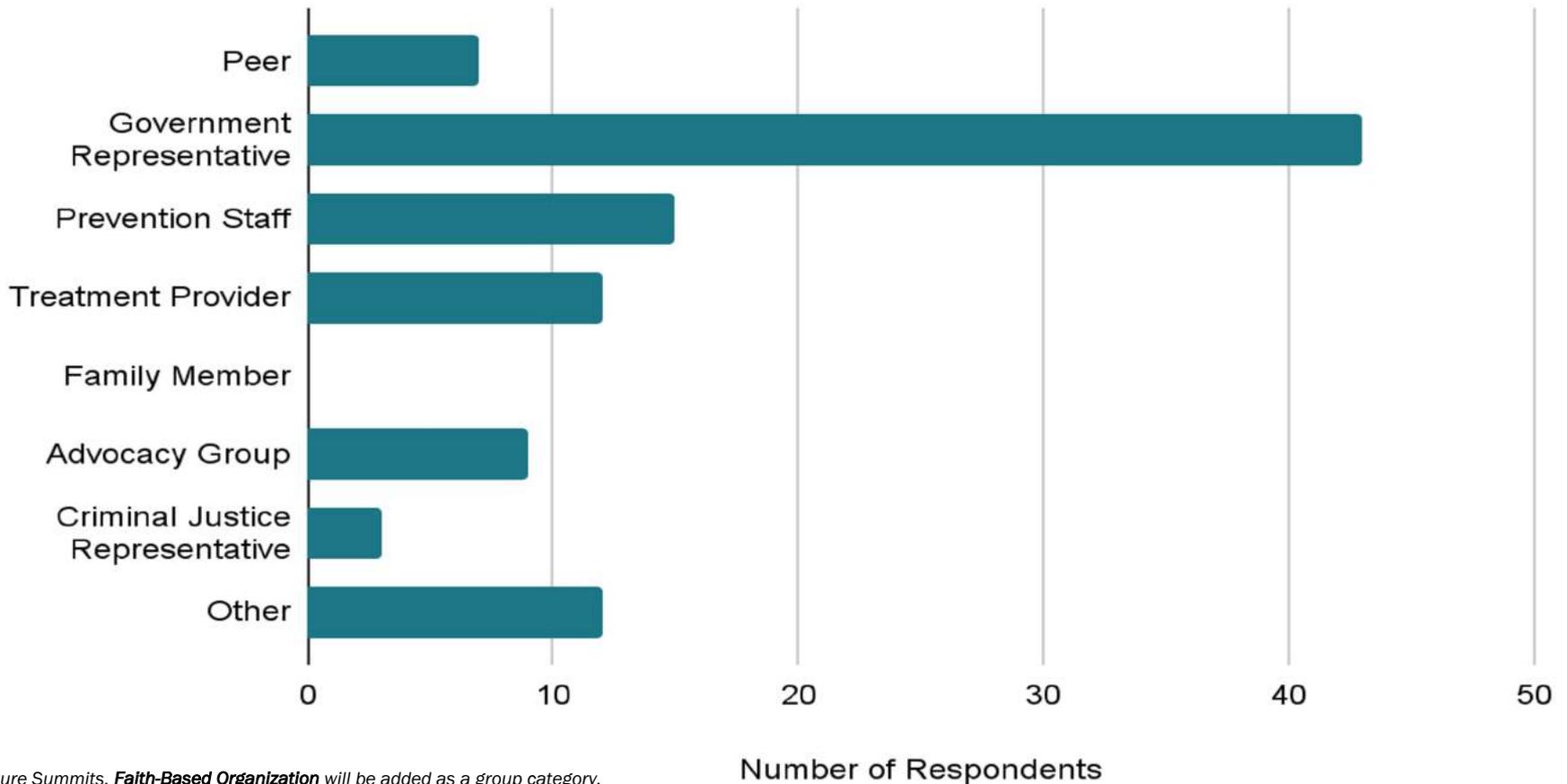
COMMUNITY PARTNERS

- Amazing Gospel Souls Inc.
- AmeriHealth Caritas DC
- Aquila Recovery
- BridgePoint Healthcare
- Bridging Resources In Communities (BRIC)
- Capital Clubhouse
- Children's National Health System
- Community Connections
- Consumer Action Network
- DC Hospital Association (DCHA)
- DC Prevention Centers
- DC Primary Care Association (DCPCA)
- DC Recovery Community Alliance (DCRCA)
- Dreamers and Achievers Center
- Engage Strategies
- Family Medical and Counseling Services (FCMS)
- Fihankara Akoma Ntoaso (FAN)
- Foundation for Contemporary Mental Health (FCMH)
- Medical Home Development Group (MHDG)
- Medical Society of the District of Columbia

COMMUNITY PARTNERS

- Miriam's Kitchen
- Georgetown University
- George Washington University (GWU)
- Grubbs Pharmacy
- Hillcrest
- Honoring Individual Power and Strength (HIPS)
- Howard University
- Johns Hopkins University
- MBI
- McClendon Center
- Mosaic Group
- Oxford House
- Pathways to Housing
- Partners in Drug Abuse Rehabilitation Counseling (PIDARC)
- Pew Charitable Trusts
- Psychiatric Institute of Washington (PIW)
- Revise, Inc.
- Second Chance Care
- So Others Might Eat (SOME)
- Sibley Memorial Hospital
- Total Family Care Coalition
- United Medical Center (UMC)
- United Planning Organization (UPO)
- Unity Health Care
- Whitman-Walker Health
- Woodley House
- Zane Networks LLC

How would you MOST identify your role in this group?



*In future Summits, **Faith-Based Organization** will be added as a group category.

Dr. Luke Short, Department of Forensic Sciences (DFS)

- Dr. Short shared data on supply, K2, and surveillance efforts to highlight the **impact of fentanyl and its potency** in the District's supply.

Dr. Stephen Raso, Office of the Chief Medical Examiner (OCME)

- Dr. Raso shared data on trends in the number of **fatal opioid overdoses**.

Kenan Zamore, DC Health

- Mr. Zamore shared data on the District's **overdose surveillance efforts** and the use of ODMAP.

* Full data presentations can be found on the LIVE. LONG. DC. website

Dr. Sharon Hunt, Department of Behavioral Health (DBH)

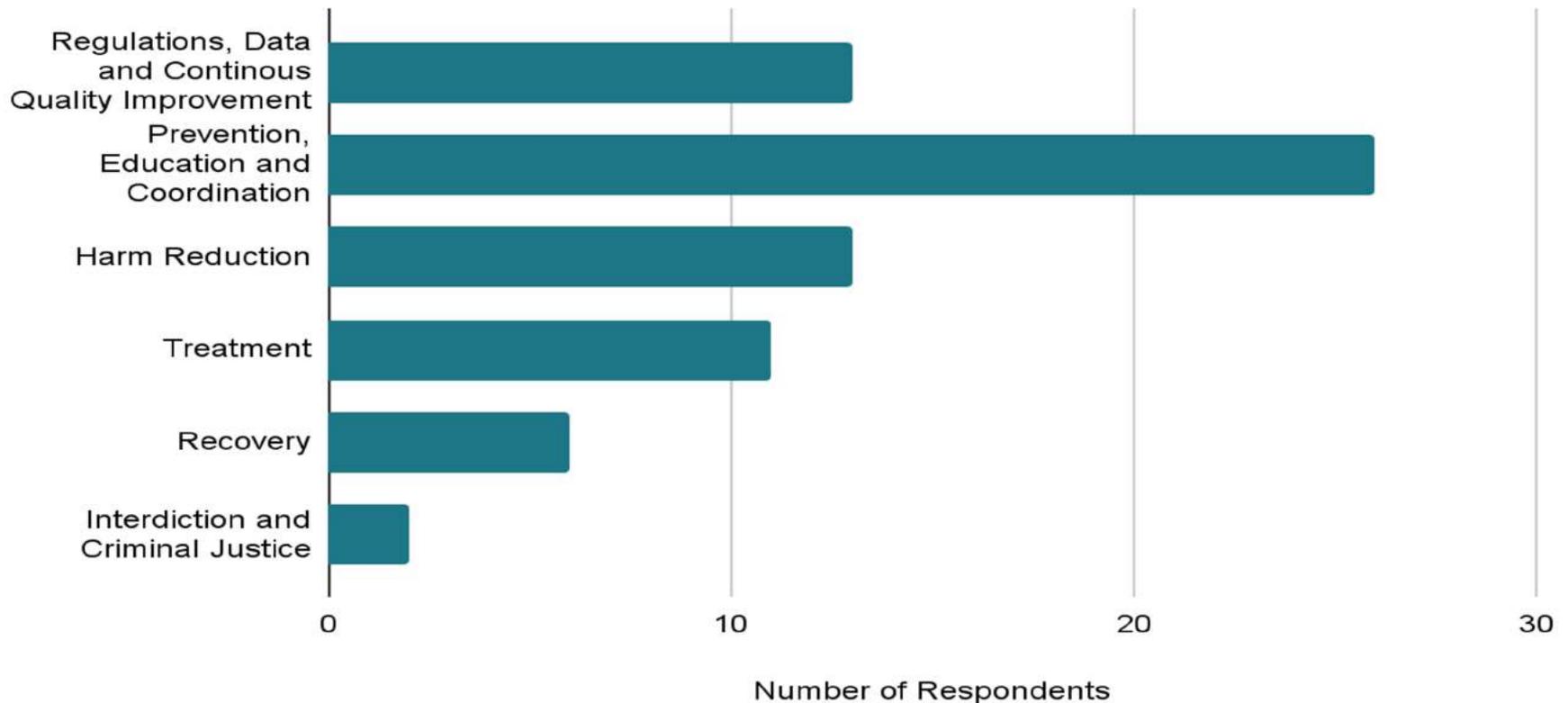
- Dr. Hunt shared **LIVE. LONG. DC. Addendum updates** and ways to get involved with Opioid Strategy Groups (OSGs).

Elizabeth Garrison, Department of Health Care Finance (DHCF)

- Ms. Garrison discussed DC's *Substance Use Disorder Needs Assessment*, a summary of key themes and potential solutions/recommendations.
- Dr. Hunt then shared how the Assessment recommendations have been incorporated into LIVE. LONG. DC. strategies.

* Full presentations can be found on the LIVE. LONG. DC. website

Which of the following opioid strategy groups (OSGs) best describes the work you do?



Sari Frankel, Department of Behavioral Health (DBH)

- Ms. Frankel shared news that federal funding may now be used to purchase rapid fentanyl test strips (FTS) and she demonstrated how to use FTS. **DBH leadership and SAMHSA need to approve any plan for spending SOR funds on FTS.**



Positive for fentanyl



Use caution



No drug use is 100% safe.

Use with someone else around and always have naloxone

What You Said: Sampling of Summit Participant's Comments from the Chat

We need to knock on doors to give naloxone kits out, so families can have one in their homes

More families should be involved in harm reduction strategies

30% of deaths occur with bystanders being there.

Naloxone should be given at the emergency room once patients are released

As prescription regulations increase, we will see an increase in fake pills

You can get Narcan at some DC area pharmacies:
<https://dchealth.dc.gov/NarcanDC>

Most deaths happen at home

There has been a noticeable increase in recent years of overdoses among younger people in their 20s and 30s

There is a need for faith groups and leaders to be educated in harm reduction

We need to distribute naloxone, lifesaving information, tools and interventions where people live and are hanging out!

Dr. Shauna White and Dr. Justin Ortique, DC Health and Mike Bento, ENGAGE Strategies

- DC Health partnered with ENGAGE Strategies over the past 9 months to develop a **Communications Campaign** highlighting services available in the District, emphasizing **core messaging** including:
 - Treatment works
 - Recovery is possible
 - Treatment and recovery services are available in your community
 - Connect with a peer to help you find your own path to recovery



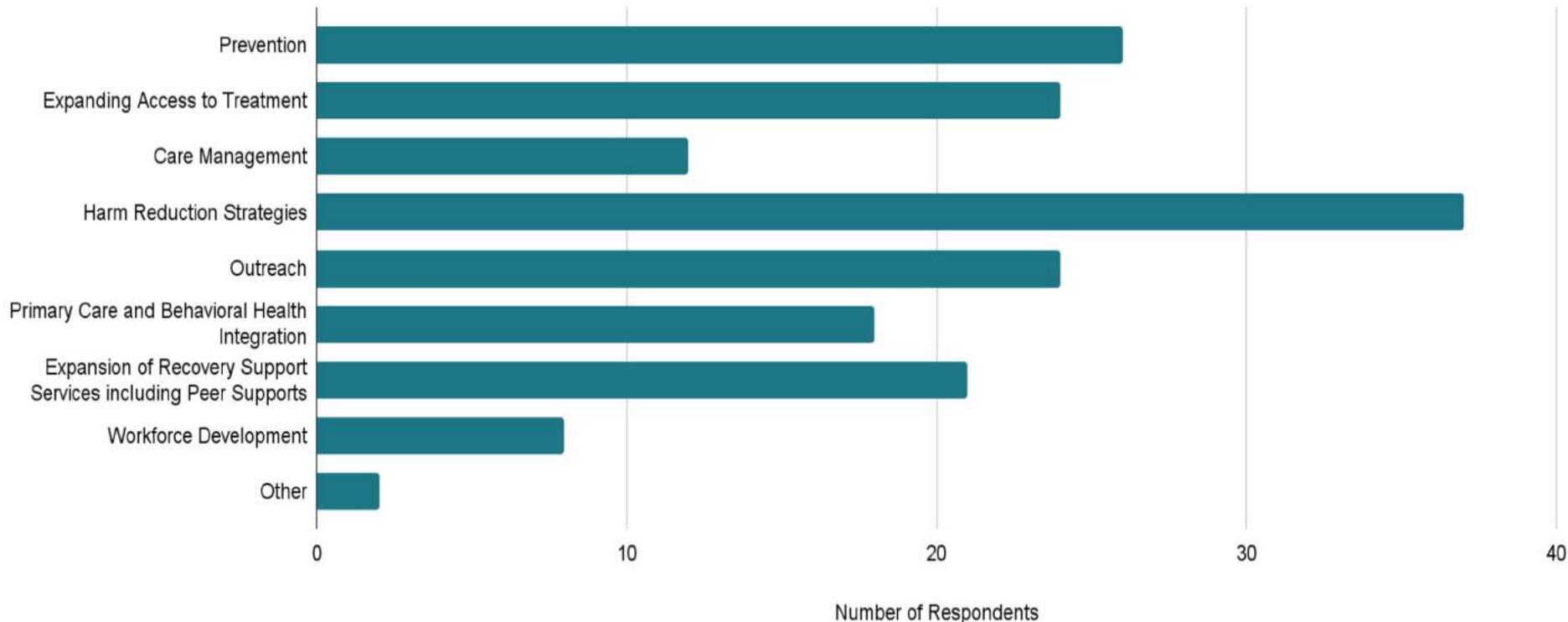
READY?

**Recovery
is possible.**

"I was in such a dark place, I lost me. Today, I have a business selling baked goods."

TREATMENT WORKS. Connect with someone who's been there and understands. No judgment, just help. See local stories of recovery and find a certified peer at MyRecovery.dc.gov.

What do you think the MOST important priorities should be for the District to address the opioid epidemic?



Youth Programs and Resources

District of Columbia Prevention Centers (DCPC)

- Wards 1&2 Director, Avery Gollinge
- Wards 3&4 Director, Nadine Parker
- Wards 5&6 Director, Charles Dark
- Wards 7&8 Director, Roz Parker

DCPC Directors presented information on youth-focused programs, partnerships, and resources, along with several public service announcement (PSA) campaigns created by the District's youth.

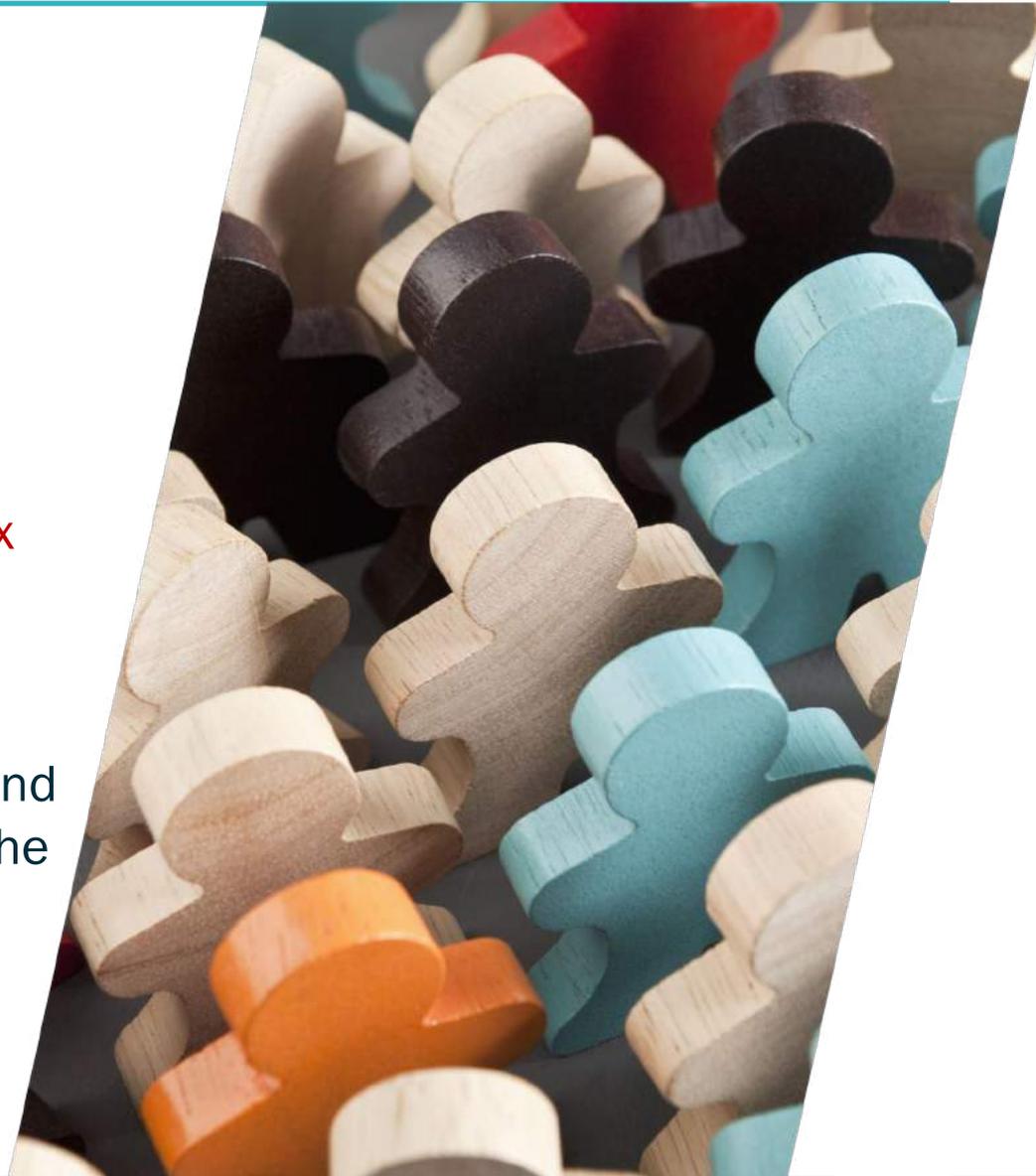






- Peer Leaders
- Advocates
- Advisors
- Mentors

Charles Dark (Ward 5&6 DCPC Director) moderated a **panel of six YPLC members**. The group discussed their involvement with YPLC, the powerful impact of meeting individuals in recovery, and the needs of youth as related to the opioid crisis.



What is YPLC?

- YPLC raises awareness about opioid use, alcohol use, and other substance use by providing community events such as going to schools to speak with students and parents, community conversations, and community service to help establish a presence district-wide

What are the needs of youth as related to the opioid crisis in DC?

- Family support - to help guide the youth
- Parent's responsibility over children (e.g., father putting daughter at risk)
- Available resources in schools

How has being involved in YPLC impacted you?

- Changed perspective on those that are addicted to harmful substances
 - “I’ve learned about several drugs that I never knew could’ve been drugs. I’m starting to look into things I wouldn’t have.”
- Don’t judge a book by its cover
 - Not everyone does drugs just because they are accessible
 - Some use them as coping mechanism
 - Trying to escape realities
 - Peer pressure
- Helped to better understand what is going on in the world

YPLC Panel: Summit Participants' Chat Comments

Thank you young leaders for sharing with us what you have learned. Please continue learning and share what you have learned with others. So proud of you all.

Awesome group of young presenters. Excellent job!

Excellent YPLC!

Our youth are doing some amazing things!!!
Thank you.

Thank you young leaders of DC! You are the present and the future!

Thank you Prevention Centers! This was such a great presentation! You all continue to impress us with the great work you do throughout the District!! And shoutout to all the YPLC members that added to this conversation today, your voices matter!

Youth Led, Adult Guided...so proud of these young folks!!!!

Thank you so much for your insight, honesty, information, determination and compassion.

I love hearing about these young leaders pointing out their ideas about what can be done.

Excellent job young people. You give us hope through your observations and your willingness to listen and engage. Proud of you!!



LIVE.LONG.DC.

Stakeholder Summit

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**LIVE
LONG** DC
Saving lives from the opioid epidemic