



# LIVE.LONG.DC

## April Summit

# Report

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April 26, 2023

**LIVE**  
**LONG** DC  
Saving lives from the opioid epidemic

## PURPOSE

To convene the LIVE.LONG.DC. (LLDC) stakeholder community in a forum of **learning and action planning** for executing strategies to save lives from opioid overdoses.

## OUTCOMES

- Shared learning across the continuum of care for the LLDC stakeholder community
- Shared understanding of cross-agency and cross-organizational opportunities for collaboration and coordination

## AGENDA

1. Opening Remarks

### Learning

1. Xylazine in the District
2. Naloxone Over-the-Counter
3. Creating Recovery Ready Communities
4. Panel: Resources Supporting Family and Friends Impacted by Substance Use

### Action Planning

1. Opioid Strategy Group Breakouts
2. Closing Remarks



## Supporting Family and Friends Impacted by Substance Use

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Trina Logan, DBH, moderated a discussion among five panelists named below. Panelists addressed some or all of the following points:

- The importance of resources/support for family members impacted by substance use.
- How tragedies related to substance use inspired them to do the work they do today.
- What resources their organization is providing to the community to address substance use.

### Panelists

**LaMonica Jeffrey**, Founder and Executive Director, Revise Inc.

**Shekita (Kiki) McBroom**, former ANC Commissioner and Founder, Jayla's Way

**Judy Ashburn**, Director Recovery Intensive Program, Clark Inn Women with Children Program,  
Samaritan Inns

**James Roache**, Family Peer Specialist, Family Peer Coaching Project, Community Connections

**Gail Avent**, CEO, Total Family Care Coalition

## Featured Resources

### Revise, Inc.

- Support groups offering hope, encouragement, and information to tackle challenging situations

### Jayla's Way

- Assisting teens and parents struggling to navigate psychiatric/ behavioral issues, juvenile arrest, and early drug use

### Samaritan Inns, Clark Inn

- Strives to create a safe place where mothers and pregnant women struggling with substance use disorders can receive treatment and family services, while working with them to access long-term independent living.

### Family Peer Coaching Project, Community Connections

- Using peer experience and personal knowledge to engage clients in treatment and recovery

### Total Family Care Coalition (TFCC)

- Providing peer support workers and services to families and youth who suffer from mental health challenges

Use this QR code to access our full list of resources regarding substance use treatment and support in the DC area.



# Resources For Family and Friends Impacted by Substance Use, continued

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## Additional Resources

### Department of Behavioral Health (DBH) Access Helpline

- The Access Helpline: **888-7WEHELP (888793-4357)**
- Suicide and Crisis Lifeline: **Dial 988**

### Good Success Christian Baptist Church

- “The Meeting” on Friday evenings from 7:00 - 9:00 p.m. is for anyone in the community to receive any type of counseling/ support that they need.

Located at 4401 Sheriff Road, NE. For help, call **202-701-6399** or **202-704-6175**.

### Nar-Anon Virtual Meetings

- Worldwide fellowship for those affected by someone else’s addiction - offering help by sharing experiences, strengths, and hopes.

### Oxford House Women and Children’s House

- Ward 7, 45th Place
- Community-based, self-supporting, drug-free home

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# Opioid Strategy Group (OSG) Breakout Group Sessions

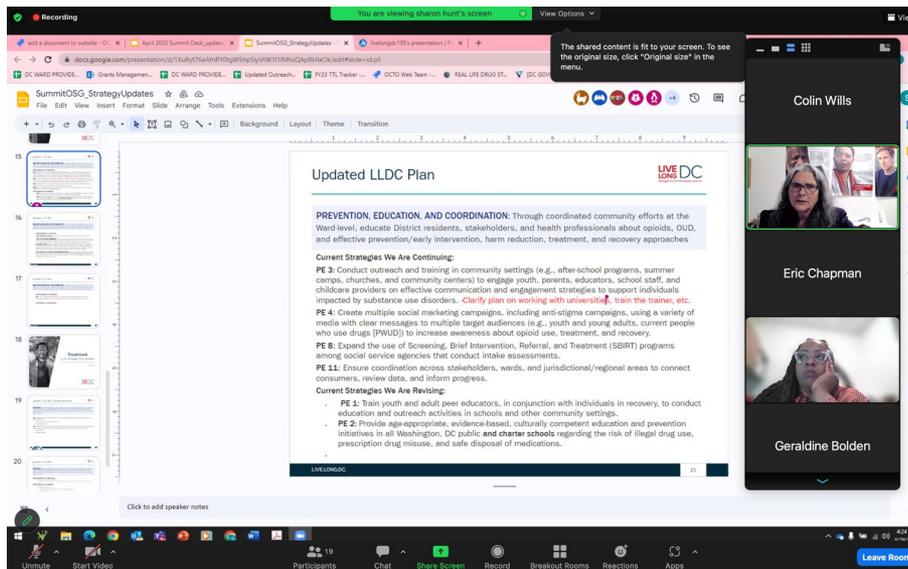
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Each OSG Breakout group focused on **reviewing the current LLDC strategies** and had a discussion on how they would **revise/update their existing strategies** as LLDC is working towards an updated strategic plan that is to be released later in the year.

The following slides summarize the **highlights from each breakout conversation on what new, revised, or continuing strategies** each group is most excited about the updated plan.

## Prevention- Discussion Report Out

- Participants discussed how education and workforce-related strategies under prevention may not always be prevention related. They discussed ways to best capture the workforce development part of the strategy.
- Participants also discussed how they can effectively get information out to communities about the work LLDC is doing when it comes to prevention.
  - ***Need: A communication plan for the broader community for increased participation***



Screenshot from the Prevention breakout discussion.

## Harm Reduction- Discussion Report Out

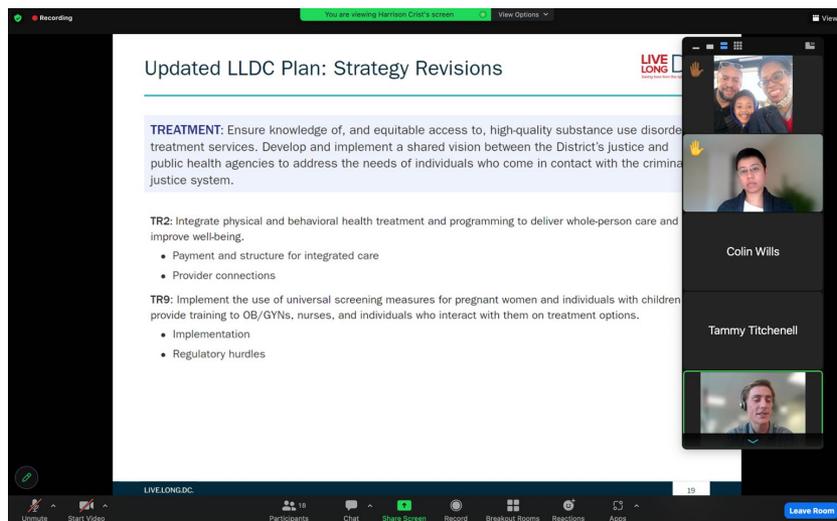
- Participants discussed how they can establish a working group discussion around the topic of harm reduction.
- Participants also discussed opportunities to build more 24/7 safe spaces for those who actively use drugs in the area.
  - *Key question: What is attainable in the current climate?*



Screenshot from the Harm Reduction breakout discussion.

## Treatment - Discussion Report Out

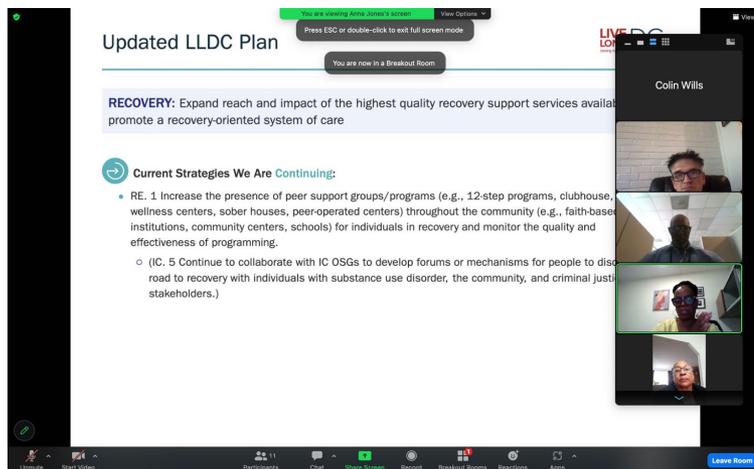
- Participants discussed integration of behavioral and physical health from the system level down to the direct care teams, including informal treatment levels.
- Participants also discussed screening and treatment for pregnant and parenting individuals.
- Finally, the group discussed opportunities for continued provider education around substance use disorders (SUD).



Screenshot from the Treatment breakout discussion.

## Recovery- Discussion Report Out

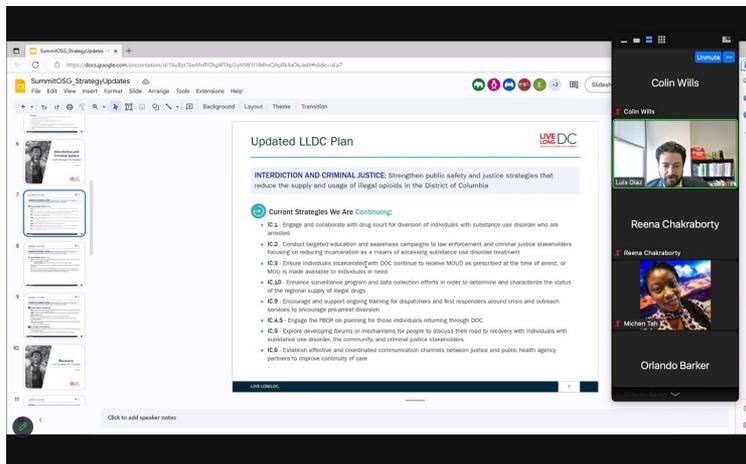
- Participants looked at connecting with some of the other OSGs more frequently for knowledge sharing and connecting potential threads.
- The group discussed 14 new recovery strategies that will be condensed over time through more discussion.
  - One of the strategies they added was looking at linking the DC community to the national recovery communities.
- Participants discussed educating the peer workforce and moving towards a national certification.
  - Stressed the importance of providing trainings and the workforce continuing their education and training.



Screenshot from the Recovery breakout discussion.

## Interdiction and Criminal Justice Discussion Report Out

- Participants discussed how they might refine the language used in existing strategies, making them more concise and easier to comprehend.
- Participants also discussed how they might find a mechanism to create a common understanding of what the function is of various agencies, how they interact with the behavioral health systems, and addressing rumors about what they do and don't do.
- Participants are interested in engaging peer navigators throughout the justice system, and identifying the points where they would be most beneficial - looking at how to have the right individuals at the table for those discussions.



Screenshot from the Interdiction/ Criminal Justice breakout discussion.



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## Stakeholder Summit

Design and Facilitation  
Support

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