



SOUTH DAKOTA MEDICAID

WELL-CHILD CARE

A GUIDE TO KEEPING
YOUR CHILD HEALTHY



South Dakota
Department of
Social Services

Well-child visits help make sure babies, children and teens get the care they need to be and stay healthy.

All children and teens need regular check-ups. Your child may look or feel healthy, but he or she could have a health problem.

Getting regular well-child check-ups helps children and teens stay healthy by:

- ✦ Finding health problems early. Regular check-ups help find problems before they become serious
- ✦ Preventing illness by making sure children get the right immunizations

Well-child check-ups can also be used for Headstart and daycare admission as well as sports physicals.

What do well-child check-ups include?

- ✦ A complete health and developmental history
- ✦ Comprehensive physical exam
- ✦ Needed immunizations
- ✦ Necessary lab tests
- ✦ Screenings such as vision, hearing, developmental and behavioral
- ✦ Advice on how to keep your child healthy
- ✦ Fluoride varnish for children

If a problem is found, medically necessary follow-up care is covered by Medicaid with a referral.

Other preventive services:

- ✦ Dental cleanings every six months
- ✦ Annual eye exams by an eye doctor can help determine if your child needs glasses, or if your child has other vision problems
- ✦ SD Quitline for help for you or your child to stop smoking or chewing tobacco

What should I bring to the appointment?

It's helpful for your child's primary care provider (PCP) to know your child's full medical history. Remember to ask the clinic when you schedule the appointment about what medical documents you need to bring to the appointment.

Don't forget to bring your child's Medicaid ID card!

Is transportation to a well-child check-up covered?

Yes, there are several options to help your child get to a Medicaid covered appointment. An enrolled community transportation provider or secure medical transportation provider can take your child from home or school to a covered medical appointment. Secure medical transportation is only for individuals who need a wheelchair or stretcher. The non-emergency medical travel benefit can reimburse you for mileage if the appointment is out of town and you, a family member, or friend drives to the appointment. Transportation must be to the closest medical provider capable of providing the service. For more information visit dss.sd.gov/medicaid/recipients/transportation.aspx.

When should my child get a well-child check-up?

Children and teens ages 3 to 20 years old need a well-child check-up every year. They should also get a dental cleaning every six months with a dental exam once per year, and see an eye doctor annually for an eye exam.

Babies and toddlers need check-ups more often. They should get 12 check-ups before they are 3 years old. Please refer to the check-up schedule on page 5.

South Dakota Medicaid will mail you a reminder to schedule a well-child check-up during the month of your child's birthday.

How do I schedule a well-child check-up?

If your child is due for a well-child check-up, please contact your child's PCP to schedule an appointment. Your child's PCP may have a busy schedule; it may take time to schedule an appointment.

To ensure your child doesn't miss a future well-child check-up, South Dakota Medicaid recommends trying these strategies:

- ✦ Schedule the appointment 1 to 2 months in advance and specifically ask for well-child check-up
- ✦ Set a reminder in your phone or calendar to schedule an appointment
- ✦ Schedule your next appointment while at the clinic
- ✦ When you have more than one child, try coordinating appointments when possible

Do older children and teens need well-child care?

Check-ups aren't just for babies and toddlers. Older children and teens need regular check-ups too! Well-child check-ups can also be used for sport physicals or other activities requiring health screens. A sports physical or other health screening is not a substitute for a wellness exam. (Remember to bring the school's health screening paperwork with you to the well-child check-up).

- ✦ Older children and teens should get a check-up every year even if they feel healthy
- ✦ Keep smiles healthy with a dental cleaning every six months

As your child gets older, start involving them in their healthcare. Older children and teens can start taking charge of their health by:

- ✦ Making their own appointments
- ✦ Going to appointments by themselves or asking a parent or a friend to go with them
- ✦ Talking to their PCP about their health problems and concerns
- ✦ Writing down questions to ask their PCP
- ✦ Asking questions about the medicines they may need to take

How do I find a dentist?

- ✦ To find a list of enrolled dentists please visit www.insurekidsnow.gov/find-a-dentist/index.html
- ✦ If you're unable to access the internet, call local dental offices in your area to see if they are accepting new patients. Call Delta Dental at 877.841.1478 if you are unable to locate a provider

Well Visit & Immunization ROAD MAP

0-18+ Years

NEWBORN
(3-5 DAYS OLD)
Well Visit
Immunizations
Blood Screen if needed

1 MONTH
Monitoring
Growth/Development
additional hearing tests if needed

2 MONTHS
Well Visit
Immunizations

4 MONTHS
Well Visit
Immunizations

12 MONTHS
Lead and Anemia screening/Immunizations
Dental checkup recommended by age 1
and dental checkups twice a year after the first checkup

9 MONTHS
Well Visit
Developmental
Screening

6 MONTHS
Well Visit
Immunizations

15 MONTHS
Well Visit
Immunizations

18 MONTHS
Developmental Screening
Immunizations

24 MONTHS
Well Visit Immunizations
Lead Screening

4 YEARS
Well Visit
Immunizations

3 YEARS
Well Visit/Immunization
Vision check-up between ages 3-5
and vision checkups yearly after first checkup

30 MONTHS
Developmental
Screening

5 YEARS
Well Visit
Immunizations

6 YEARS
Well Visit
Immunizations

7 YEARS
Well Visit
Immunizations

8 YEARS
Well Visit
Immunizations

11 YEARS
Well Visit
Immunizations

10 YEARS
Well Visit
Immunizations

9 YEARS
Well Visit
Immunizations

12 YEARS
Well Visit/Immunizations
Major Depressive Disorder Screening
and major depressive disorder screening yearly after the first initial screening.

13 YEARS
Well Visit
Immunizations

14 YEARS
Well Visit
Immunizations

17 YEARS
Well Visit
Immunizations

16 YEARS
Well Visit
Immunizations

15 YEARS
Well Visit
Immunizations

18+ YEARS
Well Visit
Immunizations



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Immunizations vary by age. Please check with your child's primary care provider about which immunizations are recommended for your child.

RECOMMENDED IMMUNIZATION SCHEDULE

Vaccine	Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19-23 months	2-3 years	4-6 years	7 -10 years	11 - 18 years
HepB (Hepatitis B)	1st dose	2nd dose			3rd dose								
RV* (Rotavirus)			1st dose	2nd dose	3rd dose*								
DTap (Tetanus, diphtheria, pertussis)			1st dose	2nd dose	3rd dose		4th dose				5th dose		
Hib* (Haemophilus influenzae type b)			1st dose	2nd dose	3rd dose*	Booster							
PCV (Pneumococcal)			1st dose	2nd dose	3rd dose	4th dose							
IPV (Polio)			1st dose	2nd dose	3rd dose						4th dose		
COVID 19* (Coronavirus disease)					2 or 3 dose series and booster*								
Flu (Influenza)					1 or 2 doses yearly								
MMR (Measles, Mumps, Rubella)						1 dose					2nd dose		
Varicella (Chickenpox)						1 dose					2nd dose		
HepA (Hepatitis A)						1st dose		2nd dose					
Tdap (Tetanus, diphtheria, pertussis)													1 dose
HPV* (Human Papillomavirus)												2 or 3 dose series*	
MenACWY/MenB (Meningococcal disease - MenACWY/MenB*)												MenACWY/MenB	

If your child is behind on immunizations speak with your provider about a modified schedule.

* Not all manufacturers require this dose, speak with your provider about your child's needed immunizations

What do I need to know about blood lead testing?

Children are required to have blood lead testing at age 12 and 24 months. Talk to your child's PCP about scheduling a catch-up test if your child has never been tested.

Why does my child need a blood lead test?

Lead exposure can impact nearly every system in the body, and often goes undetected because at low levels of exposure it can occur without any obvious symptoms. Exposure to lead can cause damage to the brain and nervous system, slowed growth and development, learning and behavior problems and hearing and speech problems. The goal of lead screening is to assist children before they are harmed.

Contact Us

Phone numbers

South Dakota Medicaid: 800.597.1603
 Delta Dental Number: 877.841.1478
 SD Quits Number: 866.SD.QUITS
 Title XIX Transportation: 866.403.1433

Address

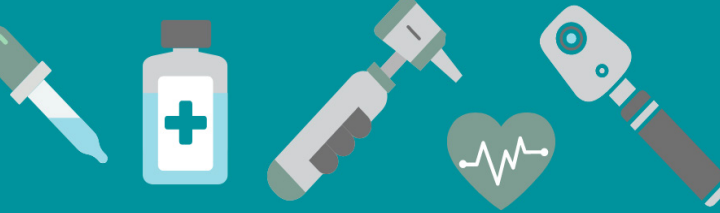
South Dakota Medicaid
 700 Governors Drive
 Pierre, SD 57501

Email

DSS.MEDICAID@state.sd.us

Online

dss.sd.gov/medicaid/recipients/



How do I know if my child is getting all of the recommended care?

- My child has a well-child check-up with his or her doctor every year.
- My child gets two teeth cleanings each year and has an exam with a dentist once a year.
- My child has a vision exam every year with an eye doctor.
- My child received a blood lead test at 12 and 24 months of age.
- My child is up to date on all immunizations according to the schedule.
- My child gets a flu shot every year.
- My child gets a fluoride varnish at his or her well-child check-up from age 1 to 5.



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