

What can I do?

- **Never mix.** Never take opioids with alcohol or any other prescribed or over-the-counter medications.
- **No loose pills.** Keep prescriptions in the bottle provided by the pharmacy and keep track of how many have been taken and how many are left.
- **Never share or sell.** Selling prescription opioids is illegal and sharing them can result in life-changing consequences. Don't risk it.
- **Store in a secure place.** Keep prescriptions – in a locked cabinet – out of reach of children, family, friends, and visitors.
- **Properly dispose of unused medication.** Find drug take-back locations in your community or talk to your pharmacist.
- **Talk about it.** Talk to your doctor, your pharmacist, your children, and family and friends.



[AvoidOpioidSD.com](https://www.AvoidOpioidSD.com)

Treatment Resource Hotline **1-800-920-4343**

Anyone can call 1-800-920-4343 to receive care & support
Our trained staff are available 24/7 and will connect you
with care coordination, social support, counseling,
treatment options, and services in your area.





Content was developed in partnership with the South Dakota
Departments of Health and Social Services, Division of Behavioral
Health Prevention Programs. For more, AvoidOpioidSD.com/about



Avoid Opioid

PRESCRIPTION ADDICTION

You just might save a life.

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