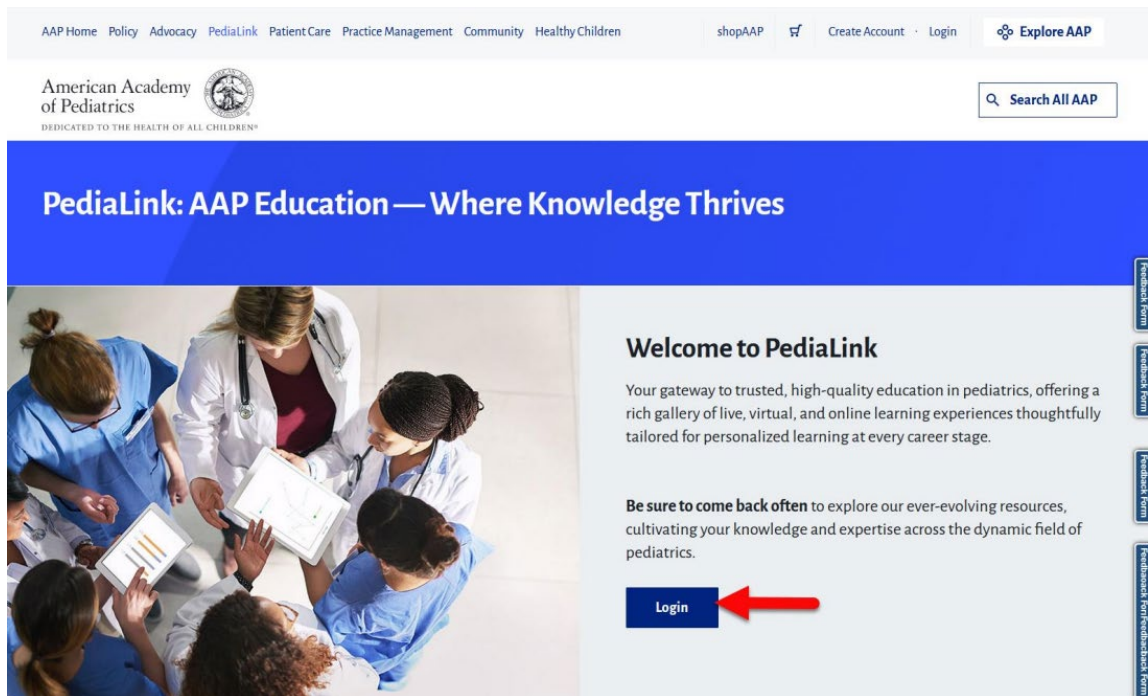


# PediaLink® Courses – Accessing and Navigating Modules

[Launching the Course](#) | [Navigating the Course](#) | [Accessing Course Modules](#) | [Monitor Progress](#)

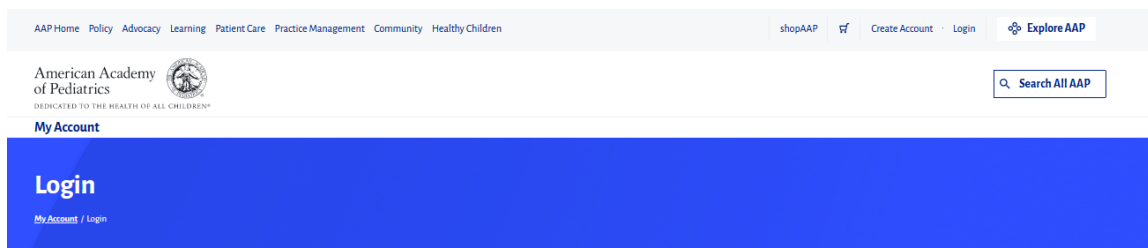
## Launching the Course

1. Go to <https://pedialink.aap.org>
2. Click on the AAP Login Button

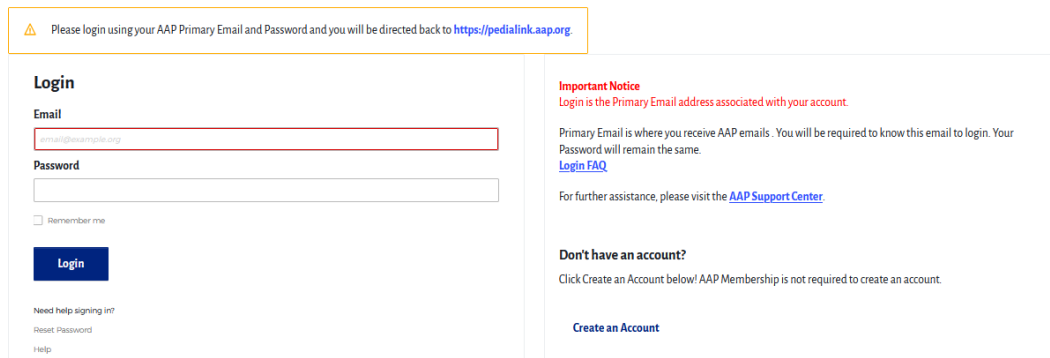


The screenshot shows the top navigation bar of the PediaLink website. The main header features the American Academy of Pediatrics logo and the tagline "DEDICATED TO THE HEALTH OF ALL CHILDREN®". Below this is a blue banner with the text "PediaLink: AAP Education — Where Knowledge Thrives". The main content area includes a photograph of healthcare professionals and a "Welcome to PediaLink" section. A red arrow points to the "Login" button in the "Be sure to come back often" section.

3. Enter your AAP associated email and password, then click the “**Login**” button.



The screenshot shows the "My Account" page of the PediaLink website. The page has a blue header with the "Login" title and a breadcrumb trail "My Account / Login". The main content area is white and contains a login form with fields for "Email" and "Password", a "Remember me" checkbox, and a "Login" button. To the right of the form is an "Important Notice" section and a "Don't have an account?" section with a "Create an Account" button.



The screenshot shows a close-up of the login form and the important notice. The form includes a warning message: "Please login using your AAP Primary Email and Password and you will be directed back to <https://pedialink.aap.org>". The "Email" field contains the placeholder text "email@example.org". The "Password" field is empty. Below the fields is a "Remember me" checkbox and a "Login" button. The "Important Notice" section states: "Login is the Primary Email address associated with your account. Primary Email is where you receive AAP emails. You will be required to know this email to login. Your Password will remain the same. [Login FAQ](#). For further assistance, please visit the [AAP Support Center](#)." The "Don't have an account?" section includes the text: "Click Create an Account below! AAP Membership is not required to create an account." and a "Create an Account" button.

- You'll be redirected to the PediaLink home page. Scroll down to the "Your Educational Experiences" section and locate the activity you wish to launch.

The screenshot shows the PediaLink home page. At the top, a blue banner reads "PediaLink: AAP Education — Where Knowledge Thrives". Below this is a "Welcome!" section with a "Learning Plan" button. A "PediaLink Site Feedback" section contains a "Feedback Form" button. The main section is titled "Your Educational Experiences" and features a "Library" button in the top right. Below the title is a grid of five activity cards. The first card is "2022 PREP Hematology-Oncology", the second is "2022 PREP Palliative Medicine", the third is "2023 PREP Hematology-Oncology" (highlighted with a red arrow), the fourth is "2022 Pediatrics in Review", and the fifth is a placeholder for more experiences. Each card has an "Open" button at the bottom.

- If you do not see your activity, you may use the "Library" button to search in your AAP library.

This screenshot shows the top portion of the PediaLink home page. The navigation bar at the top includes links for "AAP Home", "Policy", "Advocacy", "PediaLink", "Patient Care", "Practice Management", "Community", and "Healthy Children". On the right side of the navigation bar are "shopAAP", "My Account", and "Explore AAP". The American Academy of Pediatrics logo is on the left. Below the navigation bar is the same blue banner "PediaLink: AAP Education — Where Knowledge Thrives". The "Welcome!" and "Learning Plan" sections are visible. The "PediaLink Site Feedback" section is also present. In the "Your Educational Experiences" section, a red arrow points to the "Library" button in the top right corner.

# Navigating the Course

Before entering the course, you will be asked to review the activity overview and disclosures document. Once you've done that, you may select the **“Acknowledge”** button.

[Dashboard](#) / [My courses](#) / [Managing Acute and Chronic Pain and Substance Use Disorders in Pediatrics](#) / [Home](#)

▼ [Agreement](#)

Please review the [activity overview and disclosures](#) and accept the terms before proceeding.

From the course home page, you can use the **Course Navigation** options located at the top of the content window to jump to a specific area of the course. You can also use the navigation options on the header or footer of the content window to move forward and backward in a single step.


[Dashboard](#) / [My courses](#) / [Managing Acute and Chronic Pain and Substance Use Disorders in Pediatrics](#) / [Home](#)

**Course Navigation**

Welcome to Managing Acute and Chronic Pain and Substance Use Disorders in Pediatrics

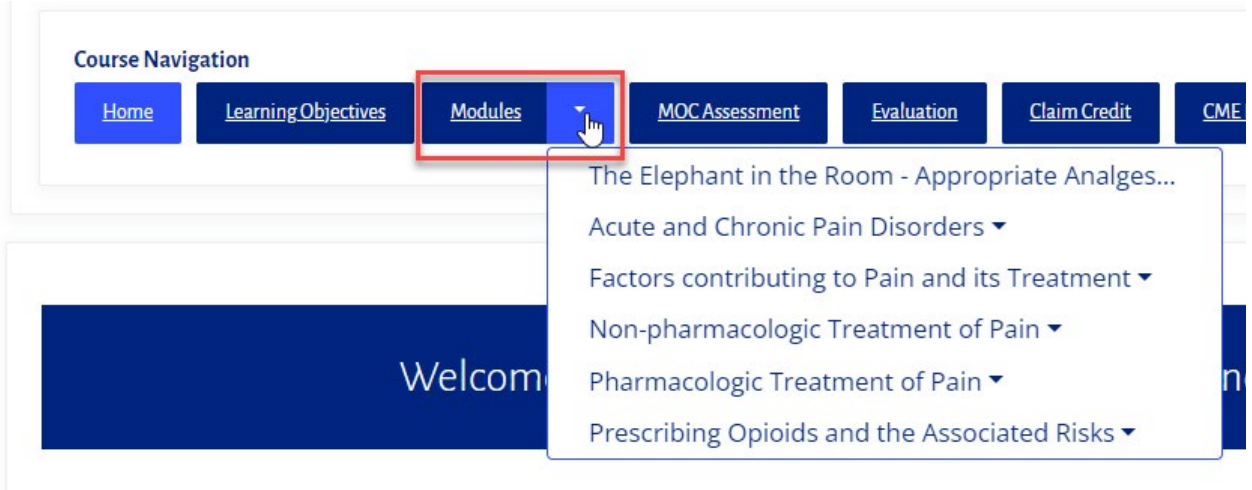
Pain in pediatric patients is common, under-recognized and undertreated. Unrelieved acute, chronic, and needle pain in childhood directly results in poorer clinical outcomes, including increased morbidity, degree of anxiety, needle-phobia, health care avoidance, and chronic pain and may contribute to substance use disorders. *Focused on pediatrics, this online course addresses pain management, opioid state medical board CME requirements and the new federal DEA requirements [Medication Access and Training Expansion (MATE) Act] for education in the treatment of opioid and substance use disorders.*

This content was recorded June 4-6, 2021, during a live session. Developed for General Pediatricians, Pediatric Subspecialists, other Pediatric Clinicians and Allied Health Professionals, this evidence-based course includes clinical content and question and answer sessions that were recorded from the AAP's 2021 Acute and Chronic Pain course.



## How-To Access Course Modules

There are two ways to access course modules. You can click on the **Module** tab located in the course navigation bar to go to the module page, or you can click the drop-down arrow next to the tab to display the list of modules.



## Video Modules

For modules that contain video content, you will see a media player in the **Session Details** section that allows you to control playback. If there were supplemental handouts, slides, or other documents provided by the presenter, you will see an option to download them in the **Related Resources** section below the media window.

Speaker(s)  
Neil L. Schechter, MD

Session Details

**Chronic Pain and Primary Pain Disorders in Kids: An Introduction**  
Managing Acute and Chronic Pain and Substance Use Disorders in Pediatrics

Origins of Hypersensitivity to Noxious and Non Noxious Stimuli

- Changes may occur in response to repeated nerve stimulation (repeated injury or trauma, infection, stress, hypermobility) create central pain amplification known as central sensitization
  - An increase in synaptic efficacy in nociceptive pathways in the CNS that leads to increased pain – Clifford Woolf
- Genetic variability may increase pain sensitivity, most likely through gene-environment interaction
  - Adrenergic genes such COMT gene which metabolizes catecholamines; Monoaminergic genes such as serotonin transporter gene; Ion channel genes which control voltage gating
- Descending inhibitory control – impact of learning, personality, psychiatric disorder
- Chronic activation of HPA axis and sympathetic NS

Related Resource(s)

Download Slides

## Text-Based Modules

Text-based modules will have the information for each topic located in the content window. You can use the navigation buttons located at the top and bottom of each page to advance in the module.

[Dashboard](#) / [My courses](#) / [Recovery-Friendly Care for Families Affected by Opioid Use Disorder](#) / [Unit 1: Benefits of Coordinated Care](#) / [Background for Coordinated Pediatric Care](#)


[<Previous](#) [Next>](#)

### Background for Coordinated Pediatric Care

**What is a POSC?**

The Comprehensive Addiction and Recovery Act (CARA) of 2016 is legislation included in the Child Abuse and Prevention Treatment Act (CAPTA), directed by the US Secretary of Health and Human Services to develop a care plan for infants and families exposed to opioids and other substances prenatally.<sup>3,4</sup> The legislation requires states to develop and implement policies and procedures to address the needs of infants and birth parents exposed to opioids and other substances prenatally. This includes requirements to implement individualized approaches for each family for making appropriate referrals to child protective services (CPS) and comprehensive care and treatment for opioid use disorder (OUD) and other SUDs services for birth parents. A POSC can be found under different names and formats across different states. For example, plan of care in Louisiana, infant plan of safe care in North Carolina, and plan of supportive care in New Hampshire.

For more on POSCs, see the [AAP's Substance Use During Pregnancy and Plans of Safe Care \(POSC\): Implications for Pediatricians, Mothers, and Infants](#).



[<Previous](#) [Next>](#)

# How-To Monitor Your Progress


You will need to complete all course requirements before you are able to claim any CME & MOC credit. These requirements may include **CME attestation, course modules/sessions, pre/post assessments, and course evaluation**. You can monitor your progress within each course by viewing the **Course Completion Status** window, which can be found at the bottom of the home page or along the right side of the course window (depending on the type of course). Click on the **More Details** link to view the list of modules and their complete status.

Welcome to Managing Acute and Chronic Pain and Substance Use Disorders in Pediatrics

Pain in pediatric patients is common, under-recognized and undertreated. Unrelieved acute, chronic, and needle pain in childhood directly results in poorer clinical outcomes, including increased morbidity, degree of anxiety, needle-phobia, health care avoidance, and chronic pain and may contribute to substance use disorders. *Focused on pediatrics, this online course addresses pain management, opioid state medical board CME requirements and the new federal DEA requirements [Medication Access and Training Expansion (MATE) Act] for education in the treatment of opioid and substance use disorders.*

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- The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
- The AAP designates this enduring material for a maximum of 8.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 8.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 8.0 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.
- This program is accredited for 8.0 NAPNAP CE contact hours of which 0.5 hrs contain pharmacology (Rx) content, (0 related to psychopharmacology) (1.5 hrs related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNP) Continuing Education Guidelines.



### Please Note:

- The opinions expressed in this educational event reflect the expertise of the speaker and may not necessarily represent the official views, policies, or guidance of the American Academy of Pediatrics.
- The materials for this enduring activity will remain available on the activity page on PediaLink<sup>™</sup> until **October 31, 2023**.
- **No unauthorized photography, video recording, or screenshots are allowed in this educational activity without written permission from the AAP.**

### Course completion status

Status: Complete

All criteria below are required:

#### Required criteria

Activity completion

Status

17 of 17

[More details](#)

Next >

### Course Navigation

[Home](#) [Learning Objectives](#) [Pre-Assessment](#) [Unit 1: Benefits of Coordinated Care](#) [Unit 2: The Pediatric Medical Home](#) [Unit 3: Multidisciplinary Pediatric and Adult Care](#) [Course Summary](#) [Post-Assessment](#) [Thank You](#)

## Welcome to Recovery-Friendly Care for Families Affected by Opioid Use Disorder

### Why Is This Topic Important?

There is much at stake when parents with opioid use disorder (OUD) welcome a new baby into their home. Parents are often strongly motivated to begin and maintain opiate recovery to provide a safe, stable, and nurturing environment for their child(ren). For infants, successful parental support can lead to early upstream prevention of adverse childhood experiences (ACEs).

Primary care pediatricians and other pediatric health providers\* can encounter challenges in initiating successful and sustainable practices for coordinating care for postpartum people with OUD, and infants diagnosed with neonatal opioid withdrawal syndrome (NOWS). This course aims to support community-based pediatric health providers and their teams in implementing recovery-friendly approaches and environments within the patient- and family-centered medical home framework.

\*For this content, the term **pediatric health providers** encompasses pediatricians (pediatrician, pediatric medical subspecialist, and pediatric surgical specialist), nurse practitioners, physician assistants, family medicine physicians, and trainees.

This material was supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$500,000, with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by American Academy of Pediatrics, CDC/HHS, or the U.S. Government.

Last modified: Friday, May 20, 2022, 8:34 PM



Recovery-Friendly Care  
for Families Affected by  
Opioid Use Disorder

### Utility Links

[Evaluation](#)  
[Claim Credit](#)  
[Resources](#)  
[Faculty](#)  
[Help](#)

### Course completion status

Status: Not yet started

All criteria below are required:

Required criteria

Status

Activity completion 0 of 3

[More details](#)

Next >

Clicking on the **more details** link takes you to the **Completion Progress Details** page, where you can view the completion status of each course module, along with any pre/post exams and evaluations.

Status *In progress*

**Required** All criteria below are required

Criteria group	Criteria	Requirement	Status	Complete	Completion date
Activity completion	<a href="#">Reflective Assessment</a>	Viewing the page		Yes	April 28, 2023
(all required)	<a href="#">Modules</a>	Viewing the page		Yes	May 1, 2023
	<a href="#">Chronic Pain and Primary Pain Disorders in Kids: An Introduction</a>	Viewing the page		Yes	May 1, 2023
	<a href="#">Role of Child and Parent Psychosocial Factors on Acute and Chronic Pain</a>	Viewing the page		Yes	May 1, 2023
	<a href="#">Implicit Bias and Its Consequences on Pediatric Pain Management</a>	Viewing the page		Yes	May 23, 2023
	<a href="#">Chronic Pain = Real Pain and Not Just in Your Head! The Broken-Car-Alarm and Other Metaphors: How to Explain Chronic Pain to Parents and Patients (and avoid further testing)</a>	Viewing the page		Yes	May 1, 2023
	<a href="#">Evaluation</a>	Viewing the page		Yes	May 23, 2023
	<a href="#">Primary Pain Disorders: Headaches, Tummy Pain, and Sore Muscles/Joints: Red Flags for Further Workup, Evidence of "Preventatives" and other Pharmacology, Effective Treatment Strategies</a>	Viewing the page		No	-

If you have any further questions, please contact **Member and Customer Care** at 866-843-2271 or email us at [mcc@aap.org](mailto:mcc@aap.org)