

All Lunch **Must**
Include a
Choice of:
Fruit or Vegetable
And May Include:
1% Low-Fat Milk
or Fat-Free Milk




September 2024

K-5 LUNCH MENU

September 30-October 4

Powering
potential.™

ENTRÉE OPTIONS

	MON	TUES	WED	THURS	FRI
	Chicken Sliders	Spaghetti w/ Meatballs Spaghetti w/ Vegetarian Meat Red sauce	Chicken or Vegetable Dumplings Egg Fried Rice	French Toast w/ Turkey Sausage Patty	Cheese Pizza Pepperoni Pizza
	Turkey Barbacoa w/ Couscous & Dinner Roll	Chicken Teriyaki w/ Vegetables & Rice	Cheese Quesadilla	Enchiladas Casserole w/ Spanish Rice	Korean Beef Taco 
	Egg Salad Sandwich	Garden Salad w/ Cheese & Dinner Roll	Cheese & Veggie Wrap	Chicken & Cheese Salad w/ Dinner Roll	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Black Eyed Peas Fresh Apple Sliced Pears	Edamame Harvest Month Special: Roasted Sweet Potato Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Tater Tots Fresh Peach Mixed Fruit	Baby Carrots Green Peas Fresh Apple Apricot Halves

FRUIT & VEGGIES

AVAILABLE DAILY:

- Milk Varieties: Skim, 1%
- Condiments – Ketchup, Mustard, Mayo, Ranch & Italian Dressing, Margarine

Vegetarian Options 
Available Daily
Contains Fish 
Locally Sourced 



Menus are subject to change.
This institution is an equal opportunity provider.

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October 2024

K-5 LUNCH MENU

October 7- October 11

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ENTRÉE OPTIONS

	MON	TUES	WED	THURS	FRI
	Chicken or Bean & Cheese Nachos	National Hispanic Heritage Meal Arroz Con Pollo	Country Chicken Nugget Bowl w/ Dinner Roll	Eggoji Waffles Turkey Sausage Patty	Cheese Pizza Pepperoni Pizza
	Philly Cheesesteak	Grilled Cheese	Meatball Sub	Cheesy Baked Penne	Chicken Quinoa Bowl w/ Dinner Roll
	Ham & Cheese Sub	Harvest Month Special: Kale and Carrot Salad	Three Cheese Wrap	Beef Nacho Salad w/ Dinner Roll	Pretzel, Strawberry Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Black Beans Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Steamed Corn Fresh Peach Mixed Fruit	Baby Carrots Green Peas Fresh Apple Apricot Halves

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October 2024

K-5

LUNCH MENU



October 14- October 18

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ENTRÉE
OPTIONS

FRUIT &
VEGGIES

National School Lunch Week

MON	TUES	WED	THURS	FRI
Chili Hot Dog	Kickin' Bean & Beef Tortilla Bowl	Penne Alfredo w/ Chicken & Breadstick	Chicken Tenders or Tofu w/ Rice & Sunbutter Thai Sate	Cheese Pizza Pepperoni Pizza
Chicken Parmesan w/ Spaghetti	Mac & Cheese	Bean & Cheese Tacos	Breaded Fish Melt	Teriyaki Beef Fingers and Breadstick
Turkey & Cheese Wrap	Garden Salad w/ Cheese & Dinner Roll	Asian Chicken Wrap	Ranch Chicken Salad	Pretzel, Vanilla Yogurt & Cheese Pack
Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	 LTO SPECIAL: Cheesy Chorizo Enchilada Bake	 LTO SPECIAL: Cheesy Chorizo Enchilada Bake	 LTO SPECIAL: Cheesy Chorizo Enchilada Bake	
Harvest Month Special: Roasted Butternut Squash Steamed Squash Fresh Apple Sliced Pears	Edamame Green Peas Fresh Orange Applesauce	Red Bell Pepper Slices Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Steamed Corn Fresh Cantaloupe Mixed Fruit	Baby Carrots Baked Beans Fresh Apple Apricot Halves

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October 2024

K-5 LUNCH MENU

October 21-October 25

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ENTRÉE OPTIONS

	MON	TUES	WED	THURS	FRI
	Beef or Bean & Cheese Nachos	Sloppy Joe Sliders Lentil Sloppy Joe Sliders	General Tso's Beef or Tofu w/ Vegetables	Chicken & Waffles	Cheese Pizza Pepperoni Pizza
	Grilled Reuben	Chicken Pot Pie	Breaded Chicken Sandwich	Kale and Potato Enchilada Bake	Lentils & Cheese Tacos
	Curry Chicken & Apples Sub	Caesar Salad w/ Dinner Roll	BBQ Chicken Wrap	Chicken Baja Salad w/ Dinner Roll	Pretzel, Strawberry Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Black Beans Fresh Apple Sliced Pears	Edamame Collard Greens Fresh Orange Applesauce	Harvest Month Special: Roasted Beets Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Green Peas Fresh Pear Mixed Fruit	Baby Carrots Tater Tots Warm Cinnamon Apples Apricot Halves

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October 2024

K-5 LUNCH MENU

October 28-November 1

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ENTRÉE
OPTIONS

	MON	TUES	WED	THURS	FRI
	Cheeseburger Veggie Burger	Beef & Broccoli w/ Rice	Chili Mac	Mediterranean Grain Bowl	Cheese Pizza Pepperoni Pizza
	Chicken & Rosa Sauce w/ Penne	Max Snax Breadstick w/ Dipping Sauce	Fish Bites w/ Dinner Roll	Country Fried Steak w/ Gravy	Chicken BLT Sandwich
	Color Cheddar Goldfish Crackers, Cheddar Cheese & Ham Lunch Pack	Garden Salad w/ Cheese & Dinner Roll	Chicken Snack Wraps	Vegetable Baja Salad w/ Dinner Roll	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Baked Beans Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Mashed Potatoes Fresh Pear Mixed Fruit	Baby Carrots Green Peas Fresh Apple Apricot Halves

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