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August 2024

K-5 LUNCH MENU

August 26-August 30

N/ONI				
MON	TUES	WED	THURS	FRI
ENTRÉE Beef Sliders OPTIONS		Chicken or Vegetable Dumplings Egg Fried Rice	French Toast w/ Turkey Sausage Patty	Cheese Pizza Pepperoni Pizza
Turkey Barbacoa w/ Couscous & Dinner Roll	Chicken Teriyaki w/ Vegetables & Rice	Cheese Quesadilla	Enchiladas Casserole w/ Spanish Rice	Egg Roll Bowl
Egg Salad Sandwich	Garden Salad w/ Cheese & Dinner Roll	Cheese & Veggie Wrap	Chicken & Cheese Salad w/ Dinner Roll	Pretzel, Vanilla Yogurt & Cheese Pack
Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
Baby Carrots Black Eyed Peas Fresh Apple	Edamame Steamed Squash Fresh Orange	Celery Steamed Broccoli Fresh Apple	Cucumber Slices Tater Tots Fresh Pear	Baby Carrots Green Peas Fresh Apple Apricot Halves
-	Turkey Barbacoa w/ Couscous & Dinner Roll Egg Salad Sandwich Sunbutter & Jelly Sandwich	Spaghetti w/ Vegetarian Meat Red sauceTurkey Barbacoa w/ Couscous & Dinner RollChicken Teriyaki w/ Vegetables & RiceEgg Salad SandwichGarden Salad w/ Cheese & Dinner RollSunbutter & Jelly SandwichSunbutter & Jelly SandwichBaby Carrots Black Eyed Peas Fresh AppleEdamame Steamed Squash Fresh Orange	Beer SildersSpaghetti w/ Vegetarian Meat Red sauceDumplings Egg Fried RiceTurkey Barbacoa w/ Couscous & Dinner RollChicken Teriyaki w/ Vegetables & RiceCheese QuesadillaEgg Salad SandwichGarden Salad w/ Cheese & Dinner RollCheese & Veggie WrapSunbutter & Jelly SandwichSunbutter & Jelly SandwichSunbutter & Jelly SandwichBaby Carrots Black Eyed Peas Fresh AppleEdamame Steamed Squash Fresh OrangeCelery Steamed Broccoli Fresh Apple	Beef SildersSpaghetti w/ Vegetarian Meat Red sauceDumplings Egg Fried RiceTurkium roter m Turkey Sausage PattyTurkey Barbacoa w/ Couscous & Dinner RollChicken Teriyaki w/ Vegetables & RiceCheese QuesadillaEnchiladas Casserole w/ Spanish RiceEgg Salad SandwichGarden Salad w/ Cheese & Dinner RollCheese & Veggie WrapChicken & Cheese Salad w/ Dinner RollSunbutter & Jelly SandwichSunbutter & Jelly SandwichSunbutter & Jelly SandwichSunbutter & Jelly SandwichSunbutter & Jelly SandwichBaby Carrots Black Eyed Peas Fresh AppleEdamame Steamed Squash Fresh OrangeCelery Steamed Broccoli Fresh AppleCucumber Slices Tater Tots

AVAILABLE DAILY:

• Milk Varieties: Skim, 1%

 Condiments – Ketchup, Mustard, Mayo, Ranch & Italian Dressing, Margarine Vegetarian Options Available Daily Contains Fish Locally Sourced



Menus are subject to change. This institution is an equal opportunity provider.





September 2024

K-5 LUNCH MENU

September 2-September 6

Powering	
potential.	



potential. MON		TUES	WED	THURS	FRI
ENTRÉE OPTIONS	Chicken or Bean & Cheese Nachos	Chicken Tikka Masala Bowl Chaana Masala Bowl	Country Popcorn Chicken Bowl w/ Dinner Roll	Eggoji Waffles Turkey Sausage Link	Cheese Pizza Pepperoni Pizza
	Philly Cheesesteak	Grilled Cheese	Meatball Sub	Cheesy Baked Penne	Chicken Quinoa Bowl w/ Dinner Roll
	Ham & Cheese Sub	Chicken Caesar Salad w/ Dinner Roll	Three Cheese Wrap	Beef Nacho Salad w/ Dinner Roll	Pretzel, Strawberry Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
FRUIT & VEGGIES	Baby Carrots Black Beans Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Steamed Corn <mark>Fresh Pear</mark> Mixed Fruit	Baby Carrots Green Peas <mark>Fresh Apple</mark> Apricot Halves

AVAILABLE DAILY:

Milk Varieties: Skim, 1%

Condiments - Ketchup, Mustard, Mayo, Ranch & Italian Dressing, Margarine Vegetarian Options 💋 **Available Daily** Contains Fish Locally Sourced



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September 2024

K-5 LUNCH MENU

September 9-September 13

Powering potential.

ENTRÉE OPTIONS

FRUIT &

VEGGIES

TM	MON	TUES	WED	THURS	FRI
	Chili Hot Dog	Kickin' Bean & Beef Tortilla Bowl	Penne Alfredo w/ Chicken & Breadstick	Chicken Tenders or Tofu w/ Rice & Sunbutter Thai Sate	Cheese Pizza Pepperoni Pizza
	Chicken Parmesan w/ Spaghetti	Mac & Cheese	Bean & Cheese Tacos	Breaded Fish Melt	French Toast Sticks w/ Scrambled Eggs
	Turkey & Cheese Wrap	Garden Salad w/ Cheese & Dinner Roll	Asian Chicken Wrap	Ranch Chicken Salad	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Steamed Squash <mark>Fresh Apple</mark> Sliced Pears	Edamame Green Peas Fresh Orange Applesauce	Celery Steamed Broccoli <mark>Fresh Apple</mark> Sliced Peaches	Cucumber Slices Steamed Corn Fresh Pear Mixed Fruit	Baby Carrots Baked Beans Fresh Apple Apricot Halves

AVAILABLE DAILY:

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Vegetarian Options Available Daily Contains Fish Locally Sourced



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Powering





September 2024

K-5 LUNCH MENU

September 16-September 20

potential. MON		TUES	WED	THURS	FRI
ENTRÉE Beef or OPTIONS Bean & Cheese Nachos		Sloppy Joe Sliders Lentil Sloppy Joe Sliders	General Tso's Beef or Tofu w/ Vegetables	Chicken & Waffles	Cheese Pizza Pepperoni Pizza
	Grilled Reuben	Chicken Pot Pie	Breaded Chicken Sandwich	Kale and Potato Enchilada Bake	Lentils & Cheese Tacos
	Curry Chicken & Apples Sub	Caesar Salad w/ Dinner Roll	BBQ Chicken Wrap	Chicken Baja Salad w/ Dinner Roll	Pretzel, Strawberry Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
FRUIT & VEGGIES	Baby Carrots Black Beans Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Green Peas <mark>Fresh Pear</mark> Mixed Fruit	Baby Carrots Tater Tots Fresh Apple Apricot Halves

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Powering





September 2024

K-5 LUNCH MENU

September 23-September 27

potential.	MON	TUES	WED	THURS	FRI
ENTRÉE OPTIONS	Cheeseburger Veggie Burger	Beef & Broccoli w/ Rice	Cheese Quesadilla	Mediterranean Grain Bowl	Cheese Pizza Pepperoni Pizza
	Chicken & Rosa Sauce w/ Penne	Max Snax Breadstick w/ Dipping Sauce	Fish Bites w/ Dinner Roll	Country Fried Steak w/ Gravy	Chicken BLT Sandwich
	Color Cheddar Goldfish Crackers, Cheddar Cheese & Ham Lunch Pack	Garden Salad w/ Cheese & Dinner Roll	Chicken Snack Wraps	Vegetable Baja Salad w/ Dinner Roll	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
FRUIT & VEGGIES	Baby Carrots Baked Beans Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Mashed Potatoes Fresh Pear Mixed Fruit	Baby Carrots Grean Peas Fresh Apple Apricot Halves



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Vegetarian Options Available Daily Contains Fish Locally Sourced



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DISTRICT OF COLUMBIA

September 2024

K-5 LUNCH MENU

September 30-October 4

Powering					
potential. MON		TUES	WED	THURS	FRI
ENTRÉE OPTIONS	Chicken Sliders	Spaghetti w/ Meatballs Spaghetti w/ Vegetarian Meat Red sauce	Chicken or Vegetable Dumplings Egg Fried Rice	French Toast w/ Turkey Sausage Patty	Cheese Pizza Pepperoni Pizza
	Turkey Barbacoa w/ Couscous & Dinner Roll	Chicken Teriyaki w/ Vegetables & Rice	Cheese Quesadilla	Enchiladas Casserole w/ Spanish Rice	Egg Roll Bowl
	Egg Salad Sandwich	Garden Salad w/ Cheese & Dinner Roll	Cheese & Veggie Wrap	Chicken & Cheese Salad w/ Dinner Roll	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
FRUIT & VEGGIES	Baby Carrots Black Eyed Peas Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Tater Tots Fresh Pear Mixed Fruit	Baby Carrots Green Peas Fresh Apple Apricot Halves

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