

MEAL OF THE DAY!

All Breakfast

Must Include
Choice of:
Fruits
And May
Include:
1% Low-Fat
Milk

Powering

potential.



August 2024

K-12 Breakfast MENU

MON	TUES	WED	THURS	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
Cheese Frittata ini Maple Waffles	Turkey Sausage & Cheese Biscuit Veggie Sausage Biscuit	Cinnamon Bread Twist Golden Grahams Cereal Bar w/ String Cheese	Apple Orange Smoothie w/ Graham Cracker Egg & Cheese Bagel	Apple Overnight Oats w/ String Cheese Mixed Berry Scone Orange Juice
Orange Juice Mixed Fruit	Fresh Apple Fresh Pear	Apple Juice Banana	Fresh Apple Fresh Orange	Pineapple



Served Daily:

Honey Cheerio Cereal Cinnamon Toast Cereal Blueberry Chex Cereal



Menus are subject to change.

This institution is an equal opportunity provider.





September 2024

K-12 Breakfast MENU

BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY!

By eating breakfast at school every day, your child can have higher energy, improved concentration and better test scores. ad it tostes great! Enjoy a variety of breakfas items every morning.

All Breakfast

Must Include
Choice of:
Fruits
And May
Include:
1% Low-Fat
Milk

Powering potential.

MON	TUES	WED	THURS	FRI
Country Ham & Cheese Maple Breakfast Flatbread w/ Graham Cracker Cinnamon Muffin Round w/ String Cheese Orange Juice Mixed Fruit	Peach Parfait w/ String Cheese Eggoji Waffles Fresh Apple Fresh Pear	Egg & Cheese Tacos Apple Frudel Apple Juice Banana	Apple Cinnamon Muffin Square w/ String Cheese Turkey Pancake Wrap Fresh Apple Fresh Orange	Pancake Bites 6 w/ String Cheese Peach Overnight Oats w/ String Cheese Orange Juice Pineapple
9 Cheese Frittata Pumpkin Breakfast Bread	French Toast Sticks Egg & Cheese Bagel	Apple Frudel Breakfast Burrito w/ String Cheese	Apple Cinnamon Smoothie w/ Graham Cracker Turkey Sausage or Veggie Sausage w/ Egg on Biscuit	Cheese Cinnamon Raisin Bagel
Orange Juice Mixed Fruit	Fresh Apple Fresh Pear	Apple Juice Banana	Fresh Apple Fresh Orange	Orange Juice Pineapple
Blueberry Muffin Top w/ String Cheese Cheese Grits &	Pineapple Parfait w/ Graham Crackers	Chicken Sausage Breakfast Tacos	19 Banana Muffin Square	20 Peaches Overnight Oats w/ String Cheese
Scrambled Eggs Orange Juice Mixed Fruit	Egg & Cheese English Muffin Fresh Apple Fresh Pear	Mini Cinnamon Waffles Apple Juice Banana	Bagel w/ Cream Cheese Fresh Apple Fresh Orange	Scrambled Eggs & Cheese w/ Toast Orange Juice Pineapple
23 Chicken Sausage Frittata	24 Country Chicken Biscuit	25 Turkey Sausage, Egg & Cheese Breakfast Tacos	Bananas Pineapple Smoothie w/ Graham Cracker	Apple Cranberry Overnight Oats w/ String Cheese
Banana Breakfast Bread Orange Juice Mixed Fruit	Mini Blueberry Waffles Fresh Apple Fresh Pear	Cherry Frudel Apple Juice Banana	Scrambled Eggs w/ Cheese & English Muffin Fresh Apple Fresh Orange	Turkey Sausage or Veggie Sausage Bagel Orange Juice Pineapple
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Cheese Frittata

Mini Maple Waffles

Orange Juice

Mixed Fruit

Served Daily:

Honey Cheerio Cereal Cinnamon Toast Cereal Blueberry Chex Cereal



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