



# August 2024

## ECE Breakfast MENU

MON	TUES	WED	THURS	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26 Cheese Frittata Fresh Pear	27 Turkey Sausage or Veggie Sausage and Cheese Biscuit Orange Juice	28 Rice Chex Cereal Banana	29 Egg and Cheese Bagel Fresh Orange	30 Apple Overnight Oats Pineapple

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.

Menus are subject to change.



This institution is an equal opportunity provider.



# September 2024

## ECE Breakfast MENU

	MON	TUES	WED	THURS	FRI
NO SCHOOL		<sup>3</sup> Eggoji Waffles  <b>Fresh Pear</b>	<sup>4</sup> Egg and Cheese Tacos  Orange Juice	<sup>5</sup> Apple Cinnamon Muffin Square  Fresh Orange	<sup>6</sup> Pancake Bites  Orange Juice
9	<sup>9</sup> Pumpkin Breakfast Bread  <b>Fresh Pear</b>	<sup>10</sup> Egg and Cheese Bagel  Orange Juice	<sup>11</sup> Rice Chex Cereal  Banana	<sup>12</sup> Turkey Sausage or Veggie Sausage with Egg on Biscuit  Fresh Orange	<sup>13</sup> Mini Chicken Sausage Pancake Bites  Cinnamon Raisin Bagel with cream cheese  Orange Juice
16	<sup>16</sup> Blueberry Muffin Top  <b>Fresh Pear</b>	<sup>17</sup> Egg and Cheese English Muffin  Orange Juice	<sup>18</sup> Mini Cinnamon Waffles  Banana	<sup>19</sup> Banana Muffin Square  Fresh Orange	<sup>20</sup> Peaches Overnight Oats  Pineapple
23	<sup>23</sup> Banana Breakfast Bread  <b>Fresh Pear</b>	<sup>24</sup> Country Chicken Biscuit  Mini Blueberry Waffles Orange Juice	<sup>25</sup> Turkey Sausage or Veggie Sausage, Egg & Cheese Breakfast Tacos Apple Juice	<sup>26</sup> Scrambled Eggs with cheese and English Muffin  Fresh Orange	<sup>27</sup> Apple Cranberry Overnight Oats  Pineapple
30	<sup>30</sup> Cheese Frittata  Orange Juice				

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# August 2024

## ECE Lunch MENU

MON	TUES	WED	THURS	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26 Chicken Sliders Sunbutter and Jelly Sandwich Baby Carrots Fresh Apple	27 Spaghetti with Meatballs Spaghetti with vegetarian meat red sauce Steamed Squash Fresh Orange	28 Cheese Quesadilla Steamed Broccoli Fresh Apple	29 French Toast with Turkey Sausage Or Veggie Sausage Patty Tater Tots Fresh Pear	30 Cheese Pizza Pepperoni Pizza Green Peas Fresh Apple

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## ECE Lunch MENU

	MON	TUES	WED	THURS	FRI
<b>NO SCHOOL</b>		<sup>3</sup> Grilled Cheese Edamame Fresh Orange	<sup>4</sup> Country Popcorn Chicken Bowl Three Cheese Wrap Steamed Broccoli Fresh Apple	<sup>5</sup> Cheesy Baked Penne Cucumber Slices Fresh Pear	<sup>6</sup> Cheese Pizza Chicken Quinoa Bowl Baby Carrots Fresh Apple
<sup>9</sup> Chicken Parmesan with Spaghetti Sunbutter and Jelly Sandwich Steamed Squash Fresh Apple	<sup>10</sup> Mac and Cheese Green Peas Fresh Orange	<sup>11</sup> Penne Alfredo with Chicken Bean and Cheese Tacos Steamed Broccoli Fresh Apple	<sup>12</sup> Breaded Fish Melt Tofu with Rice Sunbutter Thai Sate Cucumber Slices Mixed Fruit	<sup>13</sup> Cheese Pizza Pepperoni Pizza Baked Beans Fresh Apple	
<sup>16</sup> Beef or Vegetarian Nachos Black Beans Fresh Apple	<sup>17</sup> Chicken Pot Pie Lentil Sloppy Joe Steamed Squash Fresh Orange	<sup>18</sup> Breaded Chicken Sandwich Sunbutter and Jelly Sandwich Steamed Broccoli Fresh Apple	<sup>19</sup> Chicken and Waffles Vegetarian Chicken Nuggets and Waffles Green Peas Fresh Pear	<sup>20</sup> Cheese Pizza Pepperoni Pizza Tater Tots Fresh Apple	
<sup>23</sup> Diced Chicken or Vegetarian Meat Rosa Sauce with Penne Baby Carrots Fresh Apple	<sup>24</sup> Max Snax Breadsticks with dipping sauce Edamame Fresh Orange	<sup>25</sup> Fish Bites with Dinner Roll Sunbutter and Jelly Sandwich Steamed Broccoli Sliced Peaches	<sup>26</sup> Country Fried Steak with gravy Mediterranean Grain Bowl Mashed Potatoes Mixed Fruit	<sup>27</sup> Cheese Pizza Pepperoni Pizza Green Peas Fresh Apple	
<sup>30</sup> Chicken Sliders Sunbutter and Jelly Sandwich Baby Carrots Fresh Apple					

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