

August 2024 SUPPER MENU

All Suppers Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk	MON	TUES	WED	THURS	FRI
				1	2
	5	6	7	8	9
Vegetarian Options	12	13	14	15	16
Available Daily	19	20	21	22	23
Powering potential.	26 -Cheese and Vegetable Wrap -Chicken Ham, Turkey & Cheese Wrap Fresh Apple Cucumber Slices	27 -Bosco Sticks w/ Dipping Sauce Fresh Pear Broccoli Florets	28 -Grilled Ham & Cheese Sandwich -Sunbutter & Jelly Sandwich Fresh Orange Garbanzo Beans	29 -Beef or Bean Burrito Fresh Orange Steamed Corn	30 -Fish Nuggets w/ Dinner Roll -Vegetarian Chicken Nuggets w/ Dinner Roll Fresh Pear Celery Stick



Menus are subject to change. This institution is an equal opportunity provider.







September 2024 **SUPPER MENU**

All Supper	MON	TUES	WED	THURS	FRI
Must					
Include	2	3	4	5	6
Choice of:	-Chicken Caesar Wrap	-Turkey Hot Dog		-Veggie Burger	-Cheese &
Fruits and/or	-Roasted Vegetable Wrap	-Sunbutter & Jelly Sandwich	-Sloppy Joe Melt -Lentil Sloppy Joe Melt	-Chicken Nuggets w/ Dinner Roll	Veggie Sub -Turkey & Cheese Sub
Vegetable					
And May	Fresh Apple Cucumber Slices	Fresh Pear Broccoli Florets	Fresh Orange Garbanzo Beans	Fresh Banana Celery Sticks	Fresh Pear Steamed Corn
Include:	9	10	11	12	13
1% Low-Fat			-Breaded Honey Mustard Chicken Melt	-French Toast w/	
Milk	-Ranch Chicken Wrap -Three Cheese Wrap	-Sunbutter & Jelly Sandwich	-Roasted Vegetable Sub	Turkey Sausage or Veggie Sausage	-Cheese Quesadilla
	Fresh Apple Cucumber Slices	Fresh Pear Broccoli Florets	Fresh Orange Garbanzo Beans	Fresh Banana Celery Sticks	Fresh Pear Steamed Corn
	16	17	18	19	20
	-Turkey & Cheese Wrap -Roasted Vegetable Wrap	-Cheeseburger -Veggie Burger	-Chicken Nacho -Bean & Cheese Nachos	-Corn Dog -Grilled Cheese	-Ham & Cheese Sub -Garbanzo Salad Sub
Vegetarian Options Available Daily	Fresh Apple Cucumber Slices	Fresh Pear Broccoli Florets	Fresh Orange Garbanzo Beans	Fresh Banana Celery Sticks	Fresh Pear Steamed Corn
Contains Fish	23	24	25	26	27
Locally Sourced Q	-Breaded Buffalo Chicken Wrap -Three Cheesy Wrap	-Scrambled Eggs w/ Pancake Bites	-BBQ Chicken Melt -BBQ Lentil Melt	-Mac & Cheese	-Sunbutter & Jelly Sandwich
	Fresh Apple Cucumber Slices	Fresh Pear Broccoli Florets	Fresh Orange Garbanzo Beans	Fresh Banana Celery Sticks	Fresh Pear Steamed Corn
Powering potential.	-Cheese & Vegetable Wrap -Ham, Turkey & Cheese Wrap	Dioccon Fibreis	Sarbanzo Deans		Steamed Com

Fresh Apple Cucumber Slices





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