



August 2024

BIC MENU

MON	TUES	WED	THURS	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
Mini Maple Waffles	Turkey Sausage & Cheese Biscuit	Golden Grahams	Egg & Cheese Bagel	Apple Overnight Oats
·	Veggie Sausage Biscuit	Carpal Bar		
Orange Juice	Fresh Apple	Apple Juice	Fresh Apple	Orange Juice



MEAL OF THE DAY!

All Breakfast

Must Include

Choice of:

Fruit

And May

1% Low-Fat



Mixed Fruit

Fresh Pear



Pineapple

Menus are subject to change. This institution is an equal opportunity provider.

Banana

Fresh Orange





September 2024

BIC MENU

BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY!

By eating breakfast at school every day, your child can have higher energy, improved concentration and better test scores. nd it tastes great! Enjoy a variety of breakfas items every morning.

All Breakfast

Must Include

Choice of:

Fruit

And May Include: 1% Low-Fat Milk

Powering potential.

	MON	TUES	WED	THURS	FRI
	2 Cinnamon Muffin	3	4	5 Turkey Pancake Wrap	6
	Round	Eggoji Waffles	Egg & Cheese Tacos	Honey Cheerios	Peach Overnight Oats
	Orange Juice Mixed Fruit	Fresh Apple Fresh Pear	Apple Juice Banana	Fresh Apple Fresh Orange	Orange Juice Pineapple
F	<i>9</i> Pumpkin Breakfast	10	11	Turkey Sausage or Veggie Sausage w/	Mini Sausage Pancake Bites
	Bread	Egg & Cheese Bagel	Apple Frudel	Egg on Biscuit	Cinnamon Raisin Bagel w/ Cream Cheese
	Orange Juice Mixed Fruit	Fresh Apple Fresh Pear	Apple Juice Banana	Fresh Apple Fresh Orange	Orange Juice Pineapple
	16	17	Sausage Breakfast Tacos	19	20
E	Blueberry Muffin Top	Egg & Cheese English Muffin	Mini Cinnamon Waffles	Bagel w/ Cream Cheese	Peaches Overnight Oats
	Orange Juice Mixed Fruit	Fresh Apple Fresh Pear	Apple Juice Banana	Fresh Apple Fresh Orange	Orange Juice Pineapple
	23 Banana Breakfast Bread	Country Chicken Biscuit Mini Blueberry Waffles	Sausage, Egg & Cheese Breakfast Tacos Cherry Frudel	26 Scrambled Eggs w/ Cheese & English Muffin	Turkey Sausage or Veggie Sausage Bagel
	Orange Juice Mixed Fruit	Fresh Apple Fresh Pear	Apple Juice Banana	Fresh Apple Fresh Orange	Orange Juice Pineapple
	30				



Cheese Frittata

Orange Juice Mixed Fruit

