

Allowable and not allowable foods under the Microenterprise Home Kitchens program.

 ALLOWED	 NOT ALLOWED
<ul style="list-style-type: none"> • Fully cooked food, including, but not limited to, meat, fish, fruit, and vegetables such as: <ul style="list-style-type: none"> » Pupusas » Fried yuca (cassava) » Nuegados » Plantain chips » Empanadas » Tamales » Patties » Sandwiches • Washed raw fruit and vegetables (<i>chopped or whole</i>) • Bakery Items like: <ul style="list-style-type: none"> » Cupcakes » Cookies » Bread 	<ul style="list-style-type: none"> • Fresh, dried, or dehydrated meat, poultry or meat products, including jerkies • Raw-seed sprouts, alfalfa sprouts or bean sprouts • Raw cookie dough • Canned pickled products such as corn relish, pickles, or sauerkraut • Milk and dairy products including hard, soft, and cottage cheeses, ice cream, and yogurt • Cheese made with unpasteurized milk • Mushrooms • Garlic and/or vegetable in oil mixtures • Sugar-free products, such as jams, jellies, syrups, marmalades and other preserves • Pumpkin or fruit butters • Alcohol infused food products • Foods products containing cannabis, CBD (cannabidiol)

**All cooked and uncooked items must be maintained at approved regulated temperatures.*

For allowable or prohibited food items or to learn more about home food vending programs in the District, visit dchealth.dc.gov/mehk-program or email food.safety@dc.gov.